

AMDA's Group Membership Benefits

AMDA offers membership packages for groups of thirty (30) or more individual members. The discount applies to the individual member dues rate. The company headquarters will pay dues in a lump sum once a year. Additions to the member roster can be made once per quarter and are then invoiced a pro-rated dues amount; all other roster changes will be made at the end of the membership term.

| | Group Membership Packages - Benefits | | |
|---|--|----------------------------------|---|
| | Bronze | Silver | Gold |
| Membership Dues Discount | 10% Off | 15% Off | 15% Off |
| Clinical Practice Guidelines (CPGs) - Full Set (electronic version - 1 year license) | N/A | \$99/member | \$99/member |
| Know-it-All Set (electronic version - 1 year license) | N/A | N/A | \$15/member |
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| | Group Membership Packages - Rates (per member) | | |
| Membership Category | Bronze | Silver <i>(includes CPGs)</i> | Gold (BEST VALUE!!!) <i>(includes CPGs & Know-it-All Set)</i> |
| Physician (Medical directors, attending physicians, specialists) | \$ 308 | \$ 390 | \$ 405 |
| Physician Assistant (PA) or Nurse Practitioner (NP, ANP, APRN, etc.) | \$ 237 | \$ 323 | \$ 338 |
| Licensed Independent Practitioner (DDS, CNS, DPM, etc.) | \$ 166 | \$ 255 | \$ 270 |
| Interdisciplinary Team (Administrators, therapists, pharmacists, DON, RN, etc.) | \$ 136 | \$ 227 | \$ 242 |

AMDA's annual Group Membership benefits package includes:

- Reduced membership fee for all individual members covered under the corporate umbrella
- One complimentary membership for the corporate office
- Board member visit or meeting presentation at your corporate headquarters or regional meeting
- Discount rate for AMDA educational programming
- AMDA Post-Acute and Long-Term Care Medicine (AMDA's annual conference) discounts and recognition:
 - One complimentary registration; Complimentary meeting or reception space
 - Member discount on conference registration -- \$350 per person
 - Private luncheon with AMDA leadership and other corporate executives
- Product discounts including:
 - Member pricing plus an additional 20% discount on orders of 50 or more of the same product
 - One complimentary copy of the Synopsis of Federal Regulations, upon request
- A quarterly complimentary AMDA job board posting and a reduced *Weekly Round-Up* job of the week rate

Additionally, each individual whose dues are paid under the corporate umbrella receives:

- **AMDA's Print and Electronic News Resources –**
 - *JAMDA* - highly respected monthly, scientific peer-reviewed journal
 - *Caring for the Ages* - the must-read monthly tabloid
 - *Weekly Round-Up* - e-newsletter reporting on trends, advocacy, clinical updates, and other PA/LTC issues
 - *Health Policy Advisor* – the policy news source for PA/LTC professionals
- **Professional Advancement** – AMDA's premium educational programs include: live in person and online education for continuing education and in-service. AMDA's education offers CME, CMD, and many other credit opportunities.
 - **Free Webinars** – Top experts present clinically relevant topics in PA/LTC medicine. All live webinars are approved for CME and CMD credits, as well as contact hours for nurses
- **Discounted rates on education and resources.**
 - Annual license of electronic CPGs and Know-it-All Set at a significant discount (*optional package upgrade*)
 - Member discount on resources
- **Access** to AMDA's online directory, resources and news.
- **Advocacy** – AMDA's advocacy efforts include regular dialogue with the Centers for Medicare & Medicaid Services (CMS), legislators, stakeholders, coalitions, and related associations.
- **Professional Recognition and Leadership Opportunities** – Physician and NP/PA members may run for positions on the Board of Directors. All members have the opportunity to serve on committees. Annual members-only awards recognize excellence and quality. Recipients are recognized on a national-level.
- **Certified Medical Director Discount** – the opportunity for physician members to achieve Certified Medical Director (CMD) designation at a significant cost savings. Become a CMD is a valuable benefit, both for the individual's career and the quality of care your facility is able to provide.
- **Public Relations** – through coordination with AMDA's Communications Dept.

Contact membership@paltc.org or call 410-740-9743 if you have any questions!

What are Clinical Practice Guidelines (CPGs)?

AMDA's CPGs have become the standard care process in the post-acute and long-term care setting. AMDA CPGs can reduce: costs, avoidable transfers, and risk of survey penalty and litigation. Most importantly, AMDA CPGs can improve: patient outcomes and safety of staff, facility, and patients.

AMDA has published the following CPGs specifically for use in the post-acute and long-term care settings:

- Acute Change of Condition
- Altered Nutritional Status
- Anemia
- COPD Management
- Dehydration and Fluid Maintenance
- Dementia
- Depression
- Diabetes Management
- Falls and Fall Risk
- Gastrointestinal Disorders
- Health Maintenance
- Heart Failure
- Osteoporosis and Fracture Prevention
- Pain Management
- Parkinson's Disease
- Pressure Ulcers
- Sleep Disorders
- Stroke Management and Prevention
- Transitions of Care Free Download
- Urinary Incontinence

AMDA CPGs emphasize key care processes and are organized for ready incorporation into facility-specific policies and procedures to guide staff and practitioner practices and performance. CPG implementation follows the medical care process of recognition, assessment (root cause analysis), treatment (based on assessment), and monitoring. Be able to make the case for unavoidable situations and conditions. Know that you can better manage a condition. Know that you can provide quality care for your residents!

AMDA's CPG Steering Committee reviews any AMDA CPGs that are three-years-old to determine if it remains current. If a guideline is currently listed, it is considered to be clinically accurate and up-to-date despite its publication date.

Each CPG is presented in a user-friendly format and contains an introduction explaining the purpose, development process, and terminology; a step-by-step narrative text that covers definition, recognition, diagnosis, treatment, and monitoring of the condition discussed; and an algorithm that summarizes the steps involved in addressing the condition.

These CPGs were developed by interdisciplinary workgroups using a process combining evidence and consensus-based thinking, and have been reviewed by national organizations and individual experts. They are applicable to members of the post-acute and long-term care interdisciplinary team including physicians, nurses, consultant pharmacists, and others.

What is the Know-it-All Set? Tools to Reduce Unnecessary Transitions to Hospitals

AMDA's Know-It-All series is designed to maximize quality care and avoid unnecessary emergency room visits and hospitalizations. Users of the series also state that it enhances teamwork and mutual respect, and the resident ultimately benefits. In short everyone on the team has to be educated, involved, and working together to reduce avoidable transitions. These tools help achieve these goals and enable practitioners and nursing staff to communicate in a way that ensures a seamless continuum of care. After all, the best transition is the one that never happens. The series includes:

- **Know-it-All™ Before you Call Data Collection System** – A series of data collection cards intended to help nursing staff physically evaluate patients and collect relevant medical history and related medical record data before notifying a practitioner about a resident’s change in condition. This allows the practitioner to receive more complete, clinically important information about the resident’s condition in a way that facilitates accurate and effective clinical decision making.
- **Know-It-All™ When You’re Called Diagnosing System** – A one-of-a-kind, 200-plus page guide on change of conditions for attending practitioners. Content is organized alphabetically by condition and includes the specific data they should be receiving from the nurse, suggested geriatric diagnoses related to the information given, what the follow-up should be for various time points, how to make the “stay or go” decision and much more in an easy-to-use pocket format.
- **Know-it-All™ Before you Call Data Collection Forms** – electronic data collection forms related to each of the 78 common change of condition subjects that can be printed out as needed. The nurse simply fills out as the data is being collected, and puts in the medical record. This form can be faxed to the practitioner as well.

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