# TABLE OF CONTENTS

General Program Information .................................................. 2
- Target Audience ................................................................. 2
- Learning Objectives ............................................................. 2
- Handouts .............................................................................. 2
- Conference Recordings ....................................................... 2
- Live & Archived Webinars .................................................. 2
- Poster Session ..................................................................... 3
- Meet the Expert Breakfast Session ...................................... 3
- In-The-Trenches Round Table Lunch Discussion ................. 3
- Model Programs and Policies Swap Session ......................... 3
- AMDA Policy ....................................................................... 3
- Credit Statements ............................................................... 4
- ABPLM CMD Information .................................................... 5
- Foundation Activities .......................................................... 6
- Exhibit Hall Information ....................................................... 8
- Schedule-at-a-Glance .......................................................... 9
- 2017 Annual Conference Planning Committee ..................... 9
- General Session Highlights ............................................... 10
- Education Program ............................................................. 12
- Tracks .................................................................................. 13
  - Thursday ......................................................................... 12
  - Friday ............................................................................... 17
  - Saturday .......................................................................... 26
  - Sunday .............................................................................. 33
- Hotel & Travel Information .................................................. 36
- Spouse/Guest Information ................................................... 38
- Membership Information ..................................................... 41
- Registration Information ..................................................... 41
  - Interdisciplinary Team Discount ........................................ 41
  - Registration Fees ............................................................ 42
  - Cancellation Policy .......................................................... 42
  - Attendee Registration Form ........................................... 43
  - Spouse/Guest Registration Form ....................................... 45
- Frequently Asked Questions ............................................... 47
Dear Colleagues,

As chair of the Society’s Annual Conference Program Planning Subcommittee, I am thrilled to invite you to participate in the premier conference for health care professionals in PA/LTC settings. The Society’s 2017 Annual Conference will be held March 16-19, 2017, at the Phoenix Convention Center (North Building) in Phoenix, AZ. This year’s program is truly exceptional. The program is filled with leading edge scientific updates, health policy discussions and practical skill development that will be immediately applicable to your practice in PA/LTC. You won’t want to miss it!

The program begins on Thursday with the Intensive Workshops. Enjoy the return of attendees’ favorites that include the Latest Approaches to Difficult Medical Issues in LTC and QAPI for the IDT Workshop Train the Trainer. New sessions by popular speakers will also be offered including SHEA/CDC/AMDA Infection Prevention in PA/LTC Certificate Course, Wound Care for the Post-Acute Care Clinician, and Health Care Reform: MACRA and Beyond for PA/LTC practitioner.

On Friday, we lead off with the Keynote Address: The Wins of Change given by Peter Hanson, MD, author of the international bestseller, “The Joy of Stress.” Dr. Hanson provides an entertaining and vital perspective on the importance of changing our paradigms to match the changing challenges we face.

On Saturday, we begin with Fahad Saeed, MB, BS, in our Meet the Expert breakfast session, End-Stage Renal Disease in the Elderly: Dialysis or Conservative Management? This session will focus on clinical features of patients who benefit from a palliative approach of treating chronic kidney disease. Saturday’s General Session will highlight key 2017 policy issues affecting health care in PA/LTC.

The conference concludes with a dynamic program on Sunday, beginning with the Red-Eye Rounds, followed by the Anne Marie Filkin Lecture, given by Rabbi Chava Bahle. The conference will close with a presentation from Marc Milstein, PhD, How to Keep Your Memory Working Better, Longer, providing us with scientifically proven ways to strengthen, protect and maximize our memory.

Back by popular demand is the Society’s exhibit hall passport program. Stamp your passport, win prizes! Attendees who stop by and collect stamps from all the passport booths will be eligible to win a free registration for the Society’s 2018 Annual Conference and a complete set of the Society’s Clinical Practice Guidelines. The Job Fair, which allows prospective employees to meet and network with employers in PA/LTC, will be held on Friday in the exhibit hall.

We encourage you to join us and take advantage of this exciting educational opportunity. Bring your spouse who can also sign up for the CAST Program and explore the wonderful adventures that Phoenix has to offer.

We look forward to seeing you there!

Mary Evans, MD, CMD
Chair, Annual Conference Program Planning Subcommittee
GENERAL PROGRAM INFORMATION

AMDA – THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE ANNUAL CONFERENCE is the only educational and informational forum of its kind in the field of post-acute and long-term care (PA/LTC). It is filled with opportunities to enhance your knowledge and competencies in providing quality PA/LTC. Attendees are exposed to the latest clinical developments in geriatric medicine, best practices in medical direction, policy and regulatory updates, as well as practical tools to help implement new ideas and projects in your practice setting.

OVERALL GOAL

The overall goal of this program is to enhance the learner’s knowledge and competencies in how to implement strategies and tools available to improve the delivery of quality PA/LTC medicine.

LEARNING OBJECTIVES

Each year, the Annual Conference Program Planning Subcommittee works to formulate a program that provides cutting-edge, evidence-based, unbiased education relevant to the spectrum of professionals in the PA/LTC setting.

The following are global objectives that reflect the purpose of the overall program in terms of the knowledge, competencies and/or skills attendees may gain by participating in the activity. Note that due to varying needs, not all objectives will be relevant to each attendee.

Upon conclusion of participating in this educational activity, attendees should be able to:

- Analyze available data to improve process and promote quality improvement in PA/LTC.
- Apply knowledge and skills gained to enhance the effectiveness and quality of clinical practice and medical direction in nursing facilities.
- Discuss clinical advances and new research findings relevant to PA/LTC medicine.

- Implement Clinical Practice Guidelines (CPGs) in the PA/LTC setting.
- Utilize available data, tools, and emerging technologies to inform and individualize decisions about clinical care and/or medical direction.
- Implement strategies for effective communication with patients, families, and care teams.
- Enhance skills and abilities to collaborate with and/or lead the PA/LTC interdisciplinary team.
- Gain new perspectives on relevant aspects of fiscal issues, health care policy, payment methods, risk management and the Society’s policy priorities.
- Establish a network with active members of the Society and the PA/LTC medical community.

Session-specific objectives are made available to attendees prior to the start of individual sessions. These should be taken into account when evaluating individual sessions.

SESSION HANDOUTS

No paper handouts will be provided onsite. The Society will post speaker handouts online at www.prolibraries.com/amda approximately one month prior to the conference for you to review, download and/or print the sessions that you want to attend. Attendees are strongly encouraged to download, or print desired handouts prior to arriving at conference. No printers will be available onsite, and WiFi is not guaranteed to be available in the session rooms.

PA/LTC CONFERENCE RECORDINGS

Upon conclusion of the conference, audio and PowerPoint versions of the presentations will be accessible via the Society’s Conference Recordings and will include CME and/or CMD credit. In the meantime, please visit www.prolibraries.com/amda to access the Society’s 2016 Annual Conference content from Orlando, FL, and earn CME/CMD credit. You are encouraged to take advantage of the valuable education available for purchase via the PA/LTC online library.

LIVE & ARCHIVED WEBINARS BOOTH

Visit the Society’s online education booth in Phoenix; the online, 24-hour source for PA/LTC continuing education. Staff will be showcasing the various online educational possibilities including:

- PA/LTC Conference Recordings
- Society Webinars
- Online Core Curriculum on Medical Direction

Stop by to see just how easy it can be!
SESSION HIGHLIGHTS

POSTER SESSION
The scientific posters will be located in the Phoenix Convention Center—North Building in North Ballroom 120B and can be viewed from 11:30 AM Thursday, March 16 through 7:00 PM Friday, March 17. Poster presenters will be on hand to answer questions Thursday evening from 5:00 PM – 7:00 PM. Attendees who view the posters may claim up to 1 AMA PRA Category 1 Credit™. The poster session will be judged to select the Howard Guterman Award for best poster, which will be presented during Saturday’s General Session.

MEET THE EXPERT BREAKFAST SESSION
The Meet the Expert Breakfast session, End-Stage Renal Disease in the Elderly: Dialysis or Conservative Management, will describe the clinical features of patients who benefit from a palliative approach of treating chronic kidney disease and discuss how to manage these patients in clinical settings. The session will be held on Saturday, March 18, 6:00 AM – 7:45 AM. Fahad Saeed, MD, is an Assistant Professor of Medicine in the divisions of Nephrology and Palliative Care at the University of Rochester Medical Center.

There is an additional fee of $65 to participate and preregistration is required; $75 if ticket is purchased onsite. Continental breakfast will be served from 6:00 AM – 6:30 AM and the presentation will start promptly at 6:30 AM. To ensure an optimal learning experience, space is limited so be sure to sign-up as soon as possible by checking the session on the conference registration form.

IN-THE-TRENCHES ROUNDTABLE LUNCH DISCUSSION
This informal, peer-to-peer exchange with table facilitators and attendees is an effective and popular way to engage in thought-provoking conversations on a wide array of hot topics. The session will be held on Saturday, March 18, 1:00 PM – 2:00 PM. A complete list of topics will be provided online at www.PALTC.org/phoenix-2017 one month prior to the conference and listed in the onsite program. Although no CME is offered for this session, it is a great opportunity to network with faculty, colleagues, peers, and mentors for a thoughtful exchange of valuable information relative to your practice setting. No advance sign-up is required and participation is not guaranteed. Seating is provided on a first come, first served basis. Lunch can be purchased at one of the conveniently located kiosks in the convention center.

THE SOCIETY’S POLICY
The Society is committed to the policy that all persons shall have equal access to all of its programs, facilities and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance, veteran status or sexual orientation. The Society is committed to preserving the content, quality, and scientific integrity of its program. In order to preserve the program’s integrity, the Society prohibits registrants from engaging in commercial solicitation and limits any such solicitation to those individuals and entities that have registered to participate in the program as commercial exhibitors. Any registrant who engages in commercial solicitation activities as described above forfeits his or her right to participate in the program.

LEARNER ASSURANCE STATEMENT AND THE SOCIETY POLICY ON DISCLOSURE AND RESOLUTION OF CONFLICT OF INTEREST
It is the Society’s policy that all those in a position to directly control CME content, such as: planning committee, faculty, authors and staff, disclose any relationships with commercial entities upon nomination or invitation for participation. Disclosure documents and content slides are reviewed in advance for potential conflicts of interest. If conflicts are identified, they are resolved prior to program planning and/or confirmation of participation to ensure participation and/or presentation is non-biased/promotional, evidence-based, and scientifically sound. Only those participants who had no conflict of interest or who agreed to an identified resolution process prior to their participation are involved in this CME activity.
CREDIT STATEMENTS

ACREDITATION STATEMENT
AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DESIGNATION STATEMENT
AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this live activity for a maximum of 27.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CMD CREDIT HOURS
This live activity has been approved for up to 25.5 hours in management education and 18.75 hours in clinical education toward certification/recertification as an ABPLM CMD. Sessions that have been approved for management education will have the CMD to the right of the title. All presentations that you attend that are not annotated with the CMD may be claimed as clinical education toward certification/recertification.

The CMD Program is administered by the ABPLM. Each physician should claim only those credit hours that he/she actually spent in the activity. For further information, contact ABPLM at 410-992-3117 or at cmd@paltc.org.

AAFP
This Live activity, AMDA-The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2017, with a beginning date of 03/16/2017, has been reviewed and is acceptable for up to 27.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AGS
This CME activity is endorsed by the American Geriatrics Society. Credits earned from this activity may be counted toward the AGS Geriatrics Recognition Award.

MNA (NURSING)
Code: A16-50-0316-1209
27.75 contact hours 10.25 Pharmocotherapeutic contact hours
This Continuing Nursing Education Activity was approved by the Maryland Nurses Association, and accredited as an approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Attendees claiming Nursing CEUs must sign in daily, next to the Registration Desk.

NAB (ADMINISTRATOR)
Program Approval Number: 20180315-26.50-CYOO-IN
This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 26.50 clock hours and 15.00 participant hours. Program sessions which include the NAB Program Approval number are approved for NAB CE participant hours. Participants claiming CE hours must sign in daily at the conference, next to the Registration Desk.

ACPE (PHARMACY)
The Samford University McWhorter School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Program sessions which include an ACPE Program Approval Numbers are approved by the Samford University McWhorter School of Pharmacy. These programs are appropriate for pharmacists interested in geriatric and long-term care pharmacy. All programs are knowledge activities. To receive credit, pharmacists must attend the program, and complete program evaluations and assessments. ACPE/ NABP CPE monitor ID numbers are required for credit.

Attendees claiming Pharmacy CEUs must sign in daily, next to the Registration Desk.

Thursday - Sunday registrants are eligible for up to 27.75 CME credits and 25.5 CMD Management credit.
Friday - Sunday registrants are eligible for up to 17.75 CME credits and 15.5 CMD Management credit.

Credits will be tracked via scanning of attendees’ badges at each education session attended. Scanning units will be outside of each session room. See page 12 for more details.
CMD INFORMATION FROM THE ABPLM

In December 2014, the CMD Certification Program’s name changed to the American Board of Post-Acute and Long-Term Care Medicine (ABPLM). Certification and recertification requirements for Certified Medical Directors (CMD) remain unchanged. The ABPLM remains an affiliate of AMDA – The Society for Post-Acute and Long-Term Care Medicine.

The name change reflects 2014 changes to the ABPLM’s mission, and recognizes the increasing prominence of post-acute care in long-term care settings. The ABPLM mission statement is "to recognize and advance physician leadership and excellence in medical direction and medical care throughout the PA/LTC continuum via certification, thereby enhancing quality of care”.

ABPLM CMD education eligibility for certification or recertification requires a distinction be made between clinical and management education credits. As you assess your need for education hours, carefully choose from the mix of clinical and management hours available to meet your certification or recertification needs. The ABPLM Board of Directors reviews and designates clinical and management sessions from the Society’s Annual Conference. Sessions designated for management hours are identified by a CMD icon and are applied toward management education requirements. Sessions without the CMD icon are designated as clinical hours and are applied toward clinical education requirements. Please note that sessions in any category (medical direction, clinical, models of care, or research), may be designated by the ABPLM Board as either management or clinical credits. Let the CMD icon be your guide when determining the credit designation for each session.

For your membership affiliations and state license or other reporting, note that all hours of this conference have been accredited for AMA PRA Category 1 Credits™. For further information about ABPLM certification, please visit the ABPLM booth or contact the ABPLM Director by phone, 410-992-3117, or email cmd@paltc.org

ABPLM CMD RECEPTION

All CMDs are invited to attend the CMD Reception on Wednesday, March 15 from 8:00 PM – 10:00 PM located at the Hyatt Regency Phoenix in the Phoenix Ballroom. ABPLM Board members will provide an update on activities of the Board and will be available to discuss matters of certification with you. The reception provides a relaxed atmosphere in which to visit with friends and share insights with new attendees. (Cash Bar provided.)

CMD RECOGNITION

CMDs should attend the Friday Opening General Session beginning at 8:00 AM. During the Society President’s remarks, CMDs will be recognized for their commitment to excellence and leadership as medical directors in PA/LTC.

CMD BOOTH

ABPLM staff will be available to answer your questions and assist with applications during the conference. The booth will be open Thursday morning through 5:00 PM on Saturday. You may drop by or sign up for individual counseling to complete an application or to discuss a plan for becoming a CMD. The booth schedule is as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, March 16</td>
<td>7:00 AM - 1:30 PM</td>
</tr>
<tr>
<td></td>
<td>2:00 PM - 5:00 PM</td>
</tr>
<tr>
<td>Friday, March 17</td>
<td>7:00 AM - 1:30 PM</td>
</tr>
<tr>
<td></td>
<td>2:00 PM - 5:00 PM</td>
</tr>
<tr>
<td>Saturday, March 18</td>
<td>7:00 AM - 1:30 PM</td>
</tr>
<tr>
<td></td>
<td>2:00 PM - 5:00 PM</td>
</tr>
</tbody>
</table>
FOUNDATION ACTIVITIES

FOUNDATION FUTURES PROGRAM FOR RESIDENTS, FELLOWS AND ADVANCED PRACTITIONERS

The Foundation Futures Program, co-chaired by Cari Levy, MD, PhD, CMD, and Heidi White, MD, MEd, CMD, enables residents, fellows, and advanced practitioners to learn about the numerous career prospects and opportunities in PA/LTC medicine. Over 900 residents and fellows have participated in this program and for many this has marked the beginning of successful PA/LTC careers.

Participants selected for this program will receive the following benefits:
- Admission to the Futures Program on March 16, 2017.
- Friday-Sunday registration to AMDA-The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2017, March 17-19, 2017.
- Society membership for one year including a subscription to JAMDA.
- Attendance at a Welcome Reception for Futures participants and CMDs on Wednesday, March 15, recognizing the newest members of the PA/LTC community and certified medical directors whose dedication assures excellence in the PA/LTC field.

Interested individuals may apply online at www.paltcfoundation.org. The application deadline is November 14, 2016. The Futures Program is proudly sponsored by a host of donors including the Society’s State Chapters.

THE WALL OF CARING

Your donation to the 2017 Wall of Caring will directly impact the future of PA/LTC. Over the years, the Wall has been a poignant and powerful staple of the Society’s annual conference, a place where members and friends can honor their mentors, colleagues, patients and loved ones – all while supporting the 2017 Futures Program.

This fundraiser is a moving and visual tribute to those individuals whose unwavering loyalty, wisdom and grace have supported and improved PA/LTC. Contributions to the “Wall” are tax-deductible and support the 2017 Futures Program.

CELEBRATION OF CARING AT THE WALL

Our theme “Caring at the Wall” will take on many features including the opportunity to participate in a silent auction on items of interest, including autographed books. We will also feature artwork from Society member Jeffrey Levine, MD, CMD.
FOUNDATION EXCELLENCE AWARDS
Nominate a friend, colleague, or mentor for their dedication to excellence at www.paltcfoundation.org by November 18, 2016.

- **2017 Medical Director of the Year** recognizes those individuals whose vision, passion, leadership, knowledge, and commitment succeed in taking patient care to exceptional levels of quality.

- **James Pattee Award for Excellence in Education** recognizes significant contributions to the educational goals of the Society.

- **William Dodd Founder’s Award for Distinguished Service** recognizes significant contributions to building the strength, image, and mission of the Society.

FOUNDATION IMPROVEMENT AWARDS
Is your facility a leader in quality improvement implementation? Submit your nomination by November 18, 2016 at www.paltcfoundation.org.

- **Foundation Quality Improvement Award** recognizes proposed initiatives that focus on facility staff education, quality improvement programs, research on interventions and treatment, and health literacy to directly enhance the quality of care provided to patients in PA/LTC settings. One award of $5,000 will be presented for the 2017 Quality Improvement award.

- **Foundation Quality Improvement & Health Outcome Awards** (QIHO) for “Improving the Quality of Life for Persons Living in Nursing Homes” honors three facilities for programs they have successfully implemented to improve the quality of life for their residents. Three awards of $1,000 each are presented at the Saturday General Session.

The Foundation is putting the spotlight on quality improvement and education with two sessions on the program for the 2017 Annual Conference

**Thursday, 8:00 AM - 11:30 AM**
**The Teaching Nursing Home Revisited: An International Perspective**
This session will review the rationale underpinning the development of the teaching nursing home. In comparing the evolution of teaching nursing homes in four distinct jurisdictions, issues around academic affiliations, funding, interdisciplinary collaboration and quality measures will be addressed.

David Conn, MD; Paul Katz, MD, CMD; Marit Kirkevold, RN, MA, MEd, EdD; Yves Rolland, MD, PhD; Martin Smalbrugge, MD, PhD.

**Saturday, 11:00 AM - 12:30 PM**
**Quality Improvement Awards and Expert Panel Discussion**
This session will focus on the collaborative and interdisciplinary nature of improving the quality of care and life for PA/LTC residents. It will feature presentations by the 2016 Foundation Quality Improvement (QI) award winner on *Urinary Tract Infections in Long-Term Care Residents: Improving Quality* as well as presentations from the winners of the 2017 Quality Improvement & Health Outcome award. These awards are centered on programs that facilities have successfully implemented to improve the quality of life for their residents. These presentations will form the basis for discussion by Robert Kaplan, MD, CMD and Thomas Caprio, MD, CMD. Their discussion will serve to highlight the relationship between individual QI initiatives and larger research projects and trends that strengthen the quality of life across the PA/LTC continuum.

Robert Kaplan, MD, CMD; Thomas Caprio, MD, MPH, CMD; Jeremiah Lopez, MD; 2017 QIHO Award Winners
EXHIBIT HALL INFORMATION

EXHIBITS
Commercial exhibits will be located in Exhibit Hall 6 in the North Building of the Phoenix Convention Center. Only registered attendees and registered guests displaying a badge are permitted in the Exhibit Hall.

EXHIBIT HOURS ARE AS FOLLOWS:

THURSDAY, MARCH 16
11:30 AM - 1:45 PM
Events Include: Hall Grand Opening, Cash Lunch
3:00 PM - 3:30 PM
Events Include: Afternoon Refreshment Break
5:00 PM - 7:00 PM
Events Include: Welcome Reception/40th Anniversary

FRIDAY, MARCH 17
10:30 AM - 3:25 PM
Events include: Mid-Morning Refreshment Break, Cash Lunch, Job Fair, and announcement of prize winners

LUNCH
Cash lunch will be available in the Exhibit Hall at the Hall Café on both Thursday and Friday. A-la-carte food items are available for purchase. A list of local restaurants and dining options will be provided onsite.

Exhibit Hall Features Not to Be Missed

PARTICIPATE IN THE 2017 EXHIBIT HALL PASSPORT GAME!
Participating companies will be featured in the Exhibit Hall Passport that will be given to attendees onsite. Attendees who stop by and collect stamps from all passport booths will be eligible to win a free 4-day registration for the Society’s 2018 Annual Conference, a complete set of Clinical Practice Guidelines (CPGs), or 3 night’s complimentary stay at the Gaylord Texan Resort during the Society’s 2018 Annual Conference (good only for March 22-25, 2018). The prize winners will be announced on Friday just before the exhibit hall closes at 3:25 PM.

PRODUCT THEATERS
The 2017 Annual Conference will host several Product Theater sessions on Thursday, Friday, and Saturday for attendees to enjoy interactive discussions on industry products. These sessions, some of which will be located in the Exhibit Hall, will not provide CME and will require registration at the door of each Product Theater. Product Theaters will also serve refreshments and meals. For more information on the product theater topics and sponsors, please visit www.paltc.org/phoenix-2017.

THURSDAY, MARCH 16
6:45 AM - 7:45 AM
11:45 AM - 12:45 PM
5:45 PM - 6:45 PM

FRIDAY, MARCH 17
6:45 AM - 7:45 AM
12:15 PM - 1:15 PM
5:15 PM - 6:15 PM

SATURDAY, MARCH 18
6:45 AM - 7:45 AM
12:45 PM - 1:45 PM
6:15 PM - 7:15 PM

JOB FAIR
Friday, March 17
10:30 AM - 1:30 PM
Are you looking for a position or a qualified employee in PA/LTC? The Job Fair can give your resume or open position national exposure and increase your opportunity of finding your best fit. Bring resumes and contact information to share with the onsite recruiters as well as browse the postings available across the country.

Looking for a Candidate?
Contact Jennifer Shehan at jshehan@paltc.org or 410-992-3143 for information on how your open position can be seen by 1,500+ qualified applicants.
2016 SCHEDULE AT A GLANCE

WEDNESDAY, MARCH 15
2:00 PM - 6:00 PM   Registration Open
8:00 PM - 10:00 PM  Foundation Futures/CMD Welcome Reception

THURSDAY, MARCH 16
6:30 AM - 5:00 PM  Registration Open
6:45 AM - 7:45 AM  Product Theater
7:30 AM - 8:00 AM  Welcome Coffee
7:30 AM - 5:00 PM  Foundation Futures Program
8:00 AM - 11:30 AM  Intensive Education Sessions
7:30 AM - 8:00 AM  Welcome Coffee
8:15 AM - 11:15 AM  State President's Council Business Meeting
11:30 AM - 1:45 PM  Exhibit Hall Grand Opening
11:30 AM - 1:00 PM  House of Delegates Business Meeting
11:30 AM - 1:30 PM  Cash Lunch in Exhibit Hall
11:30 AM - 7:00 PM  Poster Session Open
11:45 AM - 12:45 PM  Product Theater
1:30 PM - 5:00 PM  Intensive Education Sessions
3:00 PM - 3:30 PM  Refreshment Break in Exhibit Hall
5:00 PM - 7:00 PM  Welcome Reception in Exhibit Hall
5:00 PM - 7:00 PM  Poster Presenters Q & A
5:45 PM - 6:45 PM  Product Theater

FRIDAY, MARCH 17
6:30 AM - 5:00 PM  Registration Open
6:45 AM - 7:45 AM  Product Theater
7:30 AM - 8:00 AM  Coffee Service
7:00 AM - 7:00 PM  Poster Session Open
8:00 AM - 10:30 AM  General Session I: Keynote Address
10:30 AM - 3:25 PM  Exhibit Hall Open
10:30 AM - 11:00 AM  Refreshment Break in Exhibit Hall
10:30 AM - 1:30 PM  Job Fair in Exhibit Hall
11:00 AM - 12:00 PM  Concurrent Education Sessions
12:00 PM - 1:30 PM  Cash Lunch in Exhibit Hall
12:15 PM - 1:15 PM  Product Theater
1:30 PM - 3:00 PM  Concurrent Education Sessions
3:00 PM - 3:25 PM  Refreshment Break in Exhibit Hall
3:30 PM - 5:00 PM  Concurrent Education Sessions
5:15 PM - 6:15 PM  Product Theater
5:30 PM - 7:00 PM  Welcome Reception in Exhibit Hall

SATURDAY, MARCH 18
6:00 AM - 7:45 AM  Meet the Expert Breakfast Session
6:45 AM - 7:45 AM  Product Theater
7:00 AM - 5:00 PM  Registration Open
7:30 AM - 8:00 AM  Coffee Service
8:00 AM - 10:30 AM  General Session II
10:30 AM - 11:00 AM  Refreshment Break
11:00 AM - 12:30 PM  Concurrent Education Sessions
12:30 PM - 2:00 PM  Lunch On Own (Convention Center Food Court will be available)
12:45 PM - 1:45 PM  Product Theater
1:00 PM - 2:00 PM  In-the-Trenches: Peer Group Roundtable Discussions
2:30 PM - 3:30 PM  Concurrent Education Sessions
3:30 PM - 4:00 PM  Refreshment Break
4:00 PM - 5:30 PM  Concurrent Education Sessions
4:00 PM - 6:00 PM  House of Delegates Meeting
4:15 PM - 5:15 PM  Product Theater
6:15 PM - 7:15 PM  Concurrent Education Sessions
6:30 PM - 8:00 PM  House of Delegates Meeting
7:30 PM - 9:00 PM  President’s Reception

SUNDAY, MARCH 19
6:30 AM - 8:00 AM  Red Eye Rounds: Medical Direction Challenges
8:00 AM - 8:30 AM  Red Eye Rounds: Clinical Quandaries
8:00 AM - 11:00 AM  Registration Open
8:30 AM - 11:00 AM  General Session III and Closing Remarks

2017 ANNUAL CONFERENCE PROGRAM PLANNING SUBCOMMITTEE
The Society wishes to gratefully acknowledge the Annual Conference Program Planning Subcommittee for their dedication to education and AMDA – The Society of Post-Acute and Long-Term Medicine Annual Conference 2017.

Mary P. Evans, MD, CMD (Chair)
Michele F. Bellantoni, MD, CMD (Vice Chair)
Patricia Bach, PsyD, RN
Erin Brooks, RPA-C
Suzanne C. Cryst, RD, CSG, LD
Elizabeth Galik, PhD, CRNP
Julie Gammack, MD, CMD
Paige Hector, LMSW
Melinda Henderson, MD, CMD
Walter J. Nieri, MD, CMD
Neela Patel, MD, MPH, CMD
Kimberly Posey, DNP, RN, AGPCNP-BC
Diane Sanders-Cepeda, DO, CMD
Verna Reynolds Sellers, MD, MPH, CMD
Philip Sloane, MD, MPH
George C. Wang, MD, PhD, CMD
Rollin M. Wright, MD, MS, MPH
Robert A. Zorowitz, MD, MBA, CMD

DISCLOSURES: According to Society and ACCME policy, all those in a position to control content are required to disclose any relevant financial relationships.

The following annual conference planning committee members have financial relationships to report: Michele F. Bellantoni, MD, CMD – Sanofi: Principal Investigator for Johns Hopkins site for clinical research study; Mary P. Evans, MD, CMD – Golden Living: Employee; Robert A. Zorowitz, MD, MBA, CMD – United Health Group: Employee and stockholder; all others have no relationships to disclose.

The Education Committee members have no financial relationships to disclose.
The Society staff have no financial relationships to disclose.
GENERAL SESSION HIGHLIGHTS

FRIDAY MARCH 17
8:00 AM – 10:30 AM

KEYNOTE ADDRESS
The Wins of Change
Peter Hanson, MD

Today, the only constant in our life is change. Our innate reflexes of “fight and flight” have no use when we are sitting at a desk or in traffic. Our learned strategies of rote memorization no longer apply to the internet world. Modern medicine has made some truly amazing advances, but none of them can actively correct the dangers that passive lifestyle choices bring. Using insights from his best-seller “The Joy of Stress,” Peter Hanson, MD provides an entertaining and vital perspective on the importance of changing our paradigms to match the changing challenges we face.

Dr. Hanson, was born in Vancouver, BC. His aptitudes as a public speaker surfaced early; he was performing regular comedy monologues on live television by the age of 14. But his career had serious objectives, and he graduated from the University of Toronto Medical School at the age of 24. He worked for 3 years as an emergency room physician, before opening his family practice. He delivered over 1,000 babies, made over 5,000 house calls, and saw the effects of stress on all of his patients, from pediatrics to geriatrics. While most of his patients blamed stress for their medical and personal problems, he was inspired by the few who had the same stress levels, but with opposite outcomes. These people had demanding stresses at work and sometimes tragic stresses in their personal lives. But, with a different set of choices than their peers, were able to prosper at work, and live long, healthy lives. It was from these patients that he realized that good health did not depend on an individual’s quantity of stress, but rather on the quality of choices being made. This formed the basis for his international bestseller, “The Joy of Stress.” During that time, he also served as a team doctor for the Denver Broncos, and the NHL’s LA Kings and Colorado Avalanche. He currently lives in Vancouver, BC, where he specializes in sports medicine and drug-free pain management with trigger point microdissections.

SATURDAY MARCH 18
8:00 AM – 10:30 AM

THE SOCIETY’S TOP POLICY ISSUES 2017
Updates on the top Society activity on policy issues including the following: legislative advocacy, communications with government agencies, updates on the health care reform implementation efforts, and on proposed changes to PA/LTC facilities requirements for participation.

Karl Steinberg, MD, CMD, Chair, Public Policy Committee; David Nace, MD, CMD, Vice Chair, Public Policy Committee; Alex Bardakh, MPP, Director, Public Policy and Advocacy

The Importance of PA/LTC in the Era of Value-Based Medicine
Speaker TBD

Visit www.PALTC.org/phoenix-2017 for the latest information on the 2017 conference
SUNDAY  
MARCH 19

ANNE-MARIE FILKIN LECTURE
Contemplative Living in Busy Lives: Tools for Joy
Rabbi Chava Bahle

The pace of technology, innovation and the effects of the 24/7 new cycle touch us all deeply. In this multimedia presentation, Rabbi Chava Bahle will bring ancient wisdom, contemporary practices, animated storytelling and good humor to reminding participants of what the heart already knows: what we focus on grows, and when we move at the pace of wisdom, life and work unfold with sweetness.

Rabbi Chava Bahle is a national leader in interreligious dialogue and leadership. An ordained Maggid, Jewish inspirational preacher and story teller, she travels the country sharing wisdom with a unique blend of depth, good humor and access to a broad range of traditions. She was in organizational development for many years. She was the first rabbi in history to be called to serve a Unitarian Universalist congregation and also to be enrolled in the Doctor of Ministry program at Catholic Theological Union, where she now studies. Her TEDx talk on “The Common Heart: Spiritual Paradigm Shift” and her work in deep ecumenism have made her a popular speaker at national events.

CLOSING KEYNOTE
How To Keep Your Memory Working Better, Longer
Marc Milstein, PhD

Can’t remember where you parked your car or the name of the person you just met? Do you find yourself at the refrigerator with the door open, but you can’t remember what you wanted to eat? Want to improve your memory and keep your memory strong? New insights into understanding memory are providing us with scientifically proven ways to strengthen, protect and maximize our memory.

Marc Milstein, PhD, specializes in connecting the latest research from multiple science disciplines and integrating this complex information into a clear, accurate picture for physicians, therapists, companies, and anyone who is looking for clear solutions to improve our health and happiness. Dr. Milstein is a scientist, researcher, and professional speaker who makes cutting-edge health and wellness research approachable, and empowers his audience to apply these vital findings to their work and daily lives. He earned both his PhD in Biological Chemistry and his Bachelor of Science in Molecular, Cellular, and Developmental Biology from UCLA.
EDUCATION PROGRAM

Education sessions have been identified by learning level to help you select the sessions that best meet your needs. Unless otherwise indicated, sessions are considered appropriate for the general audience. General Audience sessions provide review and updates as well as emerging knowledge pertinent to the various settings in PA/LTC. The following icons indicate the learning levels and topics of special interest.

**CATEGORY DESIGNATIONS:**
- CLINICAL MEDICINE
- MEDICAL DIRECTION
- MODELS OF CARE
- PROFESSIONAL DEVELOPMENT
- RESEARCH

**INTRODUCTORY**
An overview that covers basic concepts and information.

**ADVANCED**
Cutting-edge and/or higher level information on clinical care and management.

**INTERDISCIPLINARY TEAM (IDT)**
Indicates sessions building on the collaborative aspect of post-acute and long-term care.

**BACK BY POPULAR DEMAND**

**CMD CREDIT HOURS**
Indicates approval by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for management hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. Sessions without the CMD icon are applicable as clinical hours.

**Conference Tracks**
Whether you are seeking latest clinical developments in geriatric medicine, best practices in medical direction, or policy and regulatory updates, you will find educational sessions that meet your unique professional development needs. The Society has identified several sessions and arranged them according to conference tracks to better assist you in your onsite planning. See page XX for a complete list of sessions that have been highlighted for the following tracks:

- ADVANCED PRACTICE PROVIDER
- CLINICAL MEDICINE
- HEALTH POLICY AND PRACTICE ADVANCEMENT
- MEDICAL DIRECTOR
- MIND, MOOD, AND BEHAVIOR CARE
- QUALITY ASSURANCE PERFORMANCE IMPROVEMENT

All sessions, including the Intensive Sessions, are first-come first-served with the exception of the (1) one ticketed session, Meet the Expert.

**THURSDAY M A R C H 1 6**

6:30 AM - 5:00 PM
Registration Open

7:30 AM - 8:00 AM
Welcome Coffee

7:30 AM - 5:00 PM
The Society Foundation Futures Program
The Society Foundation Futures program enables residents and fellows to learn about the numerous career prospects and opportunities in PA/LTC, including specialty areas such as research. Over 850 residents and fellows have participated in this program and for many this has marked the beginning of successful PA/LTC careers.

For the past seven years, donors such as the Society state chapters, program directors of geriatric residency and fellowship programs, nursing home chains and

Visit www.PALTC.org/phoenix-2017 for the latest updates to the education program

12 AMDA THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE 2017
<table>
<thead>
<tr>
<th>Tracks</th>
<th>Advanced Practice Provider</th>
<th>Clinical Medicine</th>
<th>Health Policy and Practice Advancement</th>
<th>Medical Director</th>
<th>Mind, Mood, and Behavior Care</th>
<th>QAPI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, March 16</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:00 AM-11:30 AM</td>
<td>TH7 Perspectives in Care: Improving Transitions from the SNF to the Community</td>
<td>TH3 Latest Approaches to Difficult Medical Issues in LTC</td>
<td>TH6 Health care Reform: MACRA and Beyond for PA/LTC Practitioner</td>
<td>TH1 Improving Care in the PA/LTC Setting through Expanded Expertise in PA/LTC Attending Physician Competencies and Utilizing CPGs</td>
<td>TH5 OAPI for the Interdisciplinary Team Workshop Train the Trainer</td>
<td></td>
</tr>
<tr>
<td>1:30 PM-5:00 PM</td>
<td>TH13 Wound Care for the PAC Clinician</td>
<td>TH12 Integrated Care as a “New” Model to Lead Assisted Living into the Future</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Friday, March 17</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00 AM-12:00 PM</td>
<td>FR3 Diabetic Foot Ulcers: Evaluation and Effective Management</td>
<td>FR8 Using Palliative Care to Succeed in Alternative Payment Models in the PAC Setting</td>
<td>FR7 Leadership in Medical Direction: Wearing the Mantle of Leadership will Enhance Medical Director’s Effectiveness and Efficiency</td>
<td>FR5 Caring Conversations: The SNF as Locus for a Novel Cross-Discipline ‘Humanism in Medicine’ Curriculum</td>
<td>FR2 Promoting Interprofessional Collaboration: Case Studies in Fall Prevention and Transitional Care Planning</td>
<td></td>
</tr>
<tr>
<td>1:30 PM-3:00 PM</td>
<td>FR14 Antimicrobial Stewardship in PA/LTC Setting</td>
<td>FR11 A Successful Comprehensive Nursing Home Opioid Reduction Strategy</td>
<td>FR13 Dementia, Diversity and Senior Sextivities: Negotiating the Challenges of Sexual Expression in LTC</td>
<td>FR10 Infections, Antibiotic Therapy, Quality and Cost as Determinants of Site of Service in PA/LTC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30 PM-5:00 PM</td>
<td>FR22 Palliative Care in Nursing Homes: Expanding the Possibilities for all Residents</td>
<td>FR19 Recognizing and Managing Sepsis in PA/LTC</td>
<td>FR24 Hold it, Fold it or Change the Game all Together: The MACRA Survival Playbook for NH Practices</td>
<td>FR23 In the Trenches with Emotional Intelligence: Practical Applications in PA/LTC</td>
<td>FR18 OAPI: Data Analysis - The Use of Run Charts and Control Charts to Further OI in the PAC Setting</td>
<td></td>
</tr>
<tr>
<td>Saturday, March 18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00 AM-12:30 PM</td>
<td>SA5 This Year in Review for LTC</td>
<td>SA10 Updates to the 5 Star SNF Quality Rating System</td>
<td>SA7 Antipsychotic Stewardship in PA/LTC</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:30 PM-3:30 PM</td>
<td>SA13 Respiratory Compromise in the SNF</td>
<td>SA18 Update on CMS Regulatory Changes</td>
<td>SA15 Non-Pharmacological Approaches to Depression Management: An Appraisal of High-Quality Scientific Evidence</td>
<td>SA12 The Impact of the Administrator-Medical Director Relationship on the IDT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00 PM-5:30 PM</td>
<td>SA24 Deprescribing: Medication Management in the PAC Setting</td>
<td>SA21 Morbid Obesity in LTC: The Medical and Institutional Challenges</td>
<td>SA23 Communication in Serious Illness</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
pharmaceutical partners, and many individuals have provided critical support to fund this program. To make a donation to the Futures Program or for more information on sponsorship, please visit www.paltcfoundation.org

6:30 AM-6:15 PM
ALL-DAY WORKSHOP
TH2 SHEA/CDC/AMDA Infection Prevention in Post-Acute and Long-Term Care Certificate Course

This certificate course will address aspects of infection prevention that are unique to skilled nursing facilities, where residents share dining, recreation and rehabilitation experiences. The course will review occupational health concerns in PA/LTC, including outbreaks, those that affect both staff and residents and also emphasize opportunities to reduce unnecessary and inappropriate antimicrobial use. Speakers will specifically discuss communication at care transitions and ways to talk with concerned family members, who may have been taught myths and misinformation.

Christopher Crnich, MD, PhD; Robin Jump, MD, PhD; Dheeraj Mahajan, MD, CMD; Lona Mody, MD; David Nace, MD, MPH, CMD; Nimalie Stone, MD, MS

8:00 AM-5:00 PM
ALL-DAY WORKSHOP

TH1 Medical Item Writing Workshop: Focus on Medical Direction and Attending Physicians’ Skills, Knowledge and Abilities in PA/LTC

The workshop will cover principles for CME writing test items; suggestions for writing realistic and practical items at the appropriate cognitive level; and item writing exercises. Experts will have the chance to not only develop items, but receive instant feedback on how well their items match industry standards, allowing them to edit their items and have them accepted at the workshop. The item writer workshop will allow subject matter experts the opportunity to learn cross-field item writing principles which will allow them to write valid items in a multitude of professional and educational settings.

8:00 AM-11:30 AM
INTENSIVE SESSIONS

TH3 Latest Approaches to Difficult Medical Issues in LTC

This popular session by four experienced speakers from Cleveland and St. Louis University present an intensive session on updates in caring for frail elders in the continuum of care. Topics include: (1) Using a multifaceted approach to dementia in very old adults, where Alzheimer’s does not necessarily explain the cognitive dysfunction (2) Prognostication in Medical Decision-Making (3) Hypertension targets post-SPRINT (4) Dyspnea and COPD in LTC (5) Update in wound care (6) Neuropathic pain management in the era of new opioid prescription guidelines.

Barbara Messinger-Rapport, MD, HMDC, CMD; John Morley, MB, BCh; Milta Little, DO, CMD; Julie Gammack, MD, CMD

TH4 The Teaching Nursing Home Revisited: An International Perspective

This session will review the rationale underpinning the development of the teaching nursing home. In comparing and contrasting the evolution of teaching nursing homes in four distinct jurisdictions, issues around academic affiliations, funding, interdisciplinary collaboration and quality measures will be addressed.

Martin Smallbrugge, MD, PhD; Yves Rolland, MD, PhD; David Conn, MB; Marit Kirkevold, RN, MA, MEd, EdD; Paul Katz, MD, CMD

This workshop requires pre-registration to participate. If you are interested in attending this workshop or would like more information about this opportunity, please contact Suzanne Harris, Director of American Board of Post-Acute and Long-Term Care Medicine (ABPLM), at cmd@paltc.org by March 16, 2017.

*Participants will need to bring laptops to participate in the workshop.

Siddiq Kassam, MS; Cari Levy, MD, PhD, CMD
**TH5  QAPI for the Interdisciplinary Team Workshop**

**Train the Trainer**

**MEDICAL DIRECTION CMD IDT**

**QAPI**

This is a train-the-trainer session for teaching the Quality Assurance and Performance Improvement (QAPI) for the interdisciplinary team workshop. As new regulations around QAPI are implemented, nursing home leaders will be challenged to train and engage teams in quality assurance and performance improvement. This session will be structured around the core elements of QAPI programs and equip nursing home leaders with core skills for training nursing homes teams to design their own QAPI programs and develop QAPI skills in their staff, with an emphasis on the knowledge and skills needed to use a systematic approach to analyze, initiate, implement, and monitor evidence based performance improvement projects. Key skills discussed will include problem identification, flow diagraming, data collection and trending data, root cause analysis, and monitoring. Participants will learn how to implement a curriculum of brief didactic introductions to skills and small group case-studies designed to teach teams to apply those skills. Participants will discuss how to facilitate active learning in the workshop design and how to support their learners’ development in QAPI.

Dallas Nelson, MD, CMD; Suzanne Gillespie, MD, RD, CMD

---

**TH6  Health Care Reform: MACRA and Beyond for PA/LTC Practitioner**

**MEDICAL DIRECTION CMD IDT**

**HEALTH POLICY AND PRACTICE ADVANCEMENT**

Recent health care reform efforts from the Affordable Care Act to the recently enacted Medicare Access and CHIP Reauthorization Act (MACRA), the Improving Medicare Post-Acute Care Transformation Act and revised Nursing Home Requirements of Participation, have dramatically changed the fee-for-service reimbursement and delivery model. Society members need to be aware of changes in payment structures and quality measures that will determine how care is delivered to patients in PA/LTC settings. This policy intensive, sponsored by the Society’s Public Policy Committee, will have various panels of experts in the field that will dive into the details of the regulatory landscape and provide real world examples on how to succeed under the newly forming payment models.

Alex Bardakh, MPP; Charles Crecelius, MD, PhD, CMD; Cheryl Phillips, MD, CMDR; David Nace, MD, MPH, CMD; Karl Steinberg, MD, CMD; Dheeraj Mahajan, MD, CMD; Rod Baird, MS; Kerry Weiner, MD, MPH; Rajeev Kumar, MD, CMD

---

**TH7  Perspectives in Care: Improving Transitions from the SNF to the Community**

**MODELS OF CARE CMD IDT**

**ADVANCED PRACTICE PROVIDER**

The transition of older adults from the skilled nursing facility (SNF) setting back to the community has been largely understudied or not explored in the transitions of care arena. We will use this session to explore and expand upon optimizing best practices for patient centered, trans-disciplinary, seamlessly coordinated care among provider and community-based teams working to transition their often medically complex and physiological frail patients, from the SNF, back to “home”.

Wayne Saltsman, MD, PhD, CMD; Manisha Parulekar, MD, CMD; Alicia Arbaige, MD, MPH; H. Edward Davidson, PharmD, MPH; Damien Doyle, MD, CMD; Lee Lindquist, MD, MPH, MBA; Debra Bakerjian, PhD, APRN, FNP

---

**10:00 AM – 10:30 AM**

**Refreshment Break**

---

**11:30 AM**

**Poster Session Opens CMD IDT**

The Scientific Posters may be viewed from 11:30 AM Thursday, March 16 through 7:00 PM Friday, March 17. Poster presenters will be on hand to answer questions on Thursday evening from 5:00 PM to 7:00 PM. Attendees who view the posters may claim up to 1 AMA PRA Category 1 Credit™.
11:30 AM – 1:30 PM
Exhibit Hall Open with Cash Lunch

1:30 PM-5:00 PM
INTENSIVE SESSIONS

TH8  Breaking Down Poor Cardiovascular Outcomes in the SNF: Understanding the Root Causes and Targets for Intervention

This session will review the complexities of caring for the growing population of cardiac patients in skilled nursing facilities (SNFs). The speakers will familiarize the participants with the current deficits in care provision to these patients from a clinical, systems, and facility factor perspective, and will provide the audience with an understanding of how to develop targets to improve care delivery. Proposed targets for performance improvement include appropriate recognition of the high risk patient, modification of clinical practice to the cardiologist patient in the SNF setting, understanding the value of models in progress to improve systems of care, applying best practices to date for post-acute transfers and SNF preparedness, and understanding the policy changes pending implementation by Centers for Medicare & Medicaid Services that will emphasize improved performance.

Rebecca Boxer, MD; Mary Dolansky, PhD, RN; Nicole Orr, MD; Verna Sellers, MD, MPH, CMD

TH9  Unleashing Power of Innovation and Implementation to Attain the Society’s Mission and Vision

This session will provide practical training in identification, evaluation, treatment and monitoring of diabetes in the PA/LTC.

Naushira Pandya, MD, CMD; Meenakshi Patel, MD, MMM, CMD; Cecilia Rokusek, EdD, RD; TS Dharmarajan, MD; Chad Worz, PharmD

TH10 Diabetes Skills Workshop

This session will provide practical training in identification, evaluation, treatment and monitoring of diabetes in the PA/LTC.

Naushira Pandya, MD, CMD; Meenakshi Patel, MD, MMM, CMD; Cecilia Rokusek, EdD, RD; TS Dharmarajan, MD; Chad Worz, PharmD

TH11  Improving Care in the PA/LTC Setting Through Expanded Expertise in PA/LTC Attending Physician Competencies and Utilizing Clinical Practice Guidelines

Health care providers are accustomed to focusing on patients in clinical decision-making, but in the PA/LTC setting providers must also consider the setting specific issues. This hands-on workshop focuses on the physician/NP as the leader and change agent. Using cases on common topics (infection management, pain, falls, depression/dementia/delirium, acute change in condition), the workshop helps providers to diagnose and treat the interplay between providers, patient, family members, and facility-specific/cultural factors in the quest to achieve regulatory compliance and excellent outcomes. We will discuss the recommendations from the Society’s clinical practice guidelines and attending physician competencies when appropriate. The key principles of shared decision-making, interprofessional collaborative practice, and the commitment required to achieve the best outcomes in PA/LTC will be emphasized.

Gwendolen Buhr, MD, MEd, CMD; Thomas Lawrence, MD, CMD

Society. In this session, presenters will provide an overview of several case studies including unique programs for certified nursing assistant training and urgent care delivery along with examples of product-level innovation in the PA/LTC setting. Finally, presenters will engage the audience in an innovative forum to set the “Innovations Agenda” for the Society.

Arif Nazir, MD, CMD; Jonathon Dariyanani, JD; Cari Levy, MD, PhD, CMD; Melvin Hector, MD, CMD; Malaz Boustani, MD, MPH
TH12 Integrated Care as a “New” Model to Lead Assisted Living into the Future
MODELS OF CARE

This session will present and discuss the compelling reasons why, in order to remain a viable residential choice for seniors, assisted living must evolve into a model of integrated care. Presenters from different health care and residential disciplines will articulate how integrating their respective skillsets will help to achieve improved overall assisted living performance via stabilized resident health attained only via an integrated care model.

Steven Fuller, PhD, DO (Moderator); Alan Kronhaus, MD; Lindsay Schwartz, PhD; Loren Shook; David Zimmerman, PhD; Kevin O’Neil, MD, CMD

TH13 Wound Care for the Post-Acute Care Clinician
CLINICAL MEDICINE

This session is a half-day seminar on wound care in the post-acute care continuum. Experts in wound care will present a complete range of topics in wound care with attention to the clinical importance of the anatomy of the skin in understanding wound care principles; a review of multiple types of wounds that the clinician will encounter (Pressure, Venous Stasis, Diabetic Neuropathic, Arterial, Skin Tears, Traumatic, Infectious, Surgical and Atypical): their identification, treatment and prevention; a review of wound care dressings, procedures, and therapies including nutritional aspects of care; and an overview of quality measures, improvement processes, documentation and how that relates to medical-legal aspects of the care of wounds. By the end of the session, the participant will have gained an appreciation of the scope of the wound care specialty.

Scott Bolhac, MD, MBA, CMD; Jeffrey Levine, MD, CMD; Shark Bird, MD, CMD; Paul Takahashi, MD, CMD; Karl Steinberg, MD, CMD
KEYNOTE ADDRESS
The Wins of Change
Peter Hanson, MD

Today, the only constant in our life is change. Our innate reflexes of “fight and flight” have no use when we are sitting at a desk or in traffic. Our learned strategies of rote memorization no longer apply to the internet world. Modern medicine has made some truly amazing advances, but none of them can actively correct the dangers that passive lifestyle choices bring. Using insights from his best-seller “The Joy of Stress,” Dr. Peter Hanson, MD provides an entertaining and vital perspective on the importance of changing our paradigms to match the changing challenges we face.

Dr. Hanson, was born in Vancouver, BC. His aptitudes as a public speaker surfaced early; he was performing regular comedy monologues on live television by the age of 14. But his career had serious objectives, and he graduated from the University of Toronto Medical School at the age of 24. He worked for 3 years as an emergency room physician, before opening his family practice. He delivered over 1,000 babies, made over 5,000 house calls, and saw the effects of stress on all of his patients, from pediatrics to geriatrics. While most of his patients blamed stress for their medical and personal problems, he was inspired by the few who had the same stress levels, but with opposite outcomes. These people had demanding stresses at work and sometimes tragic stresses in their personal lives. But, with a different set of choices than their peers, were able to prosper at work, and live long, healthy lives. It was from these patients that he realized that good health did not depend on an individual’s quantity of stress, but rather on the quality of choices being made. This formed the basis for his international bestseller, “The Joy of Stress.” During that time, he also served as a team doctor for the Denver Broncos, and the NHL’s LA Kings and Colorado Avalanche. He currently lives in Vancouver, BC, where he specializes in sports medicine and drug-free pain management with trigger point microdissections.
FR4  Advancing Appropriate Pain Management in Older Adults (ASCP/AMDA Joint Session)

**CLINICAL MEDICINE**

Join ASCP and AMDA leadership for a panel discussion on pain management, including the use of opioid analgesics. Participants will be a part of a robust conversation about optimal person-centered treatment modalities, including both pharmacological and non-pharmacologic options; regulatory policies that may assist or detract from the provision of optimal care in the PA/LTC settings; and, strategies for developing a collaborative team approach with prescribers and consultant pharmacists to ensure superlative clinical outcomes in the treatment of pain in older adults.

*Joseph G. Marek, RPh, CGP (Moderator); Chad Worz, PharmD; Jonathan Evans, MD, CMD; William Vaughan, RN, BSN*

FR5  Caring Conversations: The SNF as Locus for a Novel Cross-Discipline ‘Humanism in Medicine’ Curriculum

**PROFESSIONAL DEVELOPMENT**

**MIND, MOOD, AND BEHAVIOR CARE**

How do you create a culture in the skilled nursing facility (SNF) where compassion, respect, and empathy are at the core of health care? The busy, non-stop workloads of all disciplines in the SNF encourages the breakdown of cross-discipline sharing of information. Employees including physicians, nurses, aides, kitchen and housekeeping staffs voice that they have only enough time to get ‘their own’ work done and rarely share their ideas and experiences and even fears with others. We applied for and received a small demonstration grant that helped establish a ‘humanities in medicine’ program in our SNF, the Daughters of Israel in West Orange, NJ. The radical change was to apply this to the SNF setting and develop a true cross-discipline approach rather than the more typical acute care attendees at the executive/leadership level. We met monthly for six months. Each session lasted one hour and focused on a unique video, poem, photo, or short reading that addressed different phenomena of aging or nursing home care such as loss, bereavement, overwork, life satisfaction, and advanced care planning. The facilitators used surveys to gather data on staff participation, reaction and changes in practice going forward. We will re-enact ‘caring conversations’ with the attendees which will be low-pressure and great fun.

*Joshua Schor, MD, CMD; Sylvia Goodman, MA*

FR6  Managing Dysphagia in Nursing Home Residents with Dementia: Patient Evaluation, Caregiver Communication, Facility Policies, and Appropriate Documentation

**CLINICAL MEDICINE**

This session will discuss the challenges of managing dysphagia in residents with Alzheimer’s dementia and review dysphagia assessment tools which can be conducted in the nursing home setting. The speakers will describe treatment interventions to reduce aspiration risk and facility liability, and present data from a nationwide survey about dysphagia policies. They will also address the reality of the role of artificial tube feeding for patients no longer able to eat food by mouth due to advanced Alzheimer’s dementia, as studies show that tube feeding via percutaneous endoscopic gastrostomy does not promote weight gain, reduce risk of aspiration pneumonia, heal pressure ulcers, or extend life expectancy in this patient population. Effective communication with patients and caregivers about the role of artificial nutrition is vital. We will demonstrate effective communication tools and skills through clinical case scenarios, observing pre-recorded conversations, and role-play.

*Paula Lester, MD, CMD; Richard Stefanacci, DO, MBA, CMD*

FR7 Leadership in Medical Direction: Wearing the Mantle of Leadership will Enhance Medical Director’s Effectiveness and Efficiency
MEDICAL DIRECTION CMD

Providing high quality and cost effective care has moved from mantra to reality as external organizations as Accountable Care Organizations, Bundled Payment Organizations, capitated systems and other insurers are selectively choosing a defined network of nursing facilities to meet their needs. Nursing facilities are reaching out to their medical directors to insure high quality. Medical directors need many tools to effect change and leadership traits and skills are very effective in accomplishing this. This session will review leadership principles in depth as how they may apply to medical direction.

Jeffrey Burl, MD, CMD; Jill Kruger

FR8 Using Palliative Care to Succeed in Alternative Payment Models in the Post-Acute Setting
MODELS OF CARE CMD IDT

The Center to Advance Palliative Care conducted interviews with dozens of risk-bearing providers to learn how they use the principles and practices of palliative care to improve the value of the care they are delivering, and, as a result, achieve substantial shared savings. This session will present best practices and case studies gathered from these interviews. These examples will demonstrate how incorporating palliative care into post-acute care benefits both patients and providers under alternative payment models. The presenters will share key “lessons learned” about obstacles in achieving the goals of these new payment systems and how to overcome them. The session will explain how palliative care fits into post-acute care and will describe at least two specific examples of how at-risk providers are using palliative care practices and specialists to achieve value—one based in a Medicare accountable care organization and one based in a Medicare Bundled Payments for Care Improvement Initiative program.

Allison Silvers, MBA; Beth Carlson, EdD, RN, NHA

FR9 Breaking Science: Presentations from Leading Researchers in PA/LTC Medicine
RESEARCH IDT

This session will review the complexities of caring for the growing population of cardiac patients in skilled nursing facilities (SNFs). The speakers will familiarize the participants with the current deficits in care provision to these patients from a clinical, systems, and facility factor perspective, and will provide the audience with an understanding of how to develop targets to improve care delivery. Proposed targets for performance improvement include appropriate recognition of the high risk patient, modification of clinical practice to the cardiology patient in the SNF setting, understanding the value of models in progress to improve systems of care, applying best practices to date for post-acute transfers and SNF preparedness, and understanding the policy changes pending implementation by Centers for Medicare & Medicaid Services that will emphasize improved performance.

Facilitators: Michelle Bellantoni, MD, CMD; Julie Gammack, MD, CMD; George Wang, MD, PhD, CMD

PRESENTATIONS:
Reduction of Catheter Associated Urinary Tract Infection (CAUTI) – Back to Basics
Emalyn Bravo, RN, MS, NHA

The Spread of the Better Coordinated Cross-Sectoral Medication Reconciliation (BOOMR) for Residential Care Carla Beaton, RPh

Central Nervous System (CNS) Medication Burden & Risk of Serious Falls in Older Nursing Home Residents
David Nace, MD, MPH, CMD

Individualized Music Intervention as a Non-Pharmacological Approach to Reduce Falls Risk, Agitation, and Psychotropic Drug Use in Persons with Severe Dementia
Gabriela Gomez
12:00 PM - 1:30 PM
Cash Lunch in the Exhibit Hall

1:30 PM - 3:00 PM
CONCURRENT SESSIONS

FR10 Infections, Antibiotic Therapy, Quality, and Cost as Determinants of Site of Service in PA/LTC (AGS/AMDA Joint Session)

This session will discuss the incorporation of antibiotic stewardship in Quality Assurance Performance Improvement (QAPI). Regulations and payment models vary among different PA/LTC facilities. Antimicrobial therapy and cost will determine where in the spectrum of PA/LTC service is provided. We will outline the role of key members of the intra-disciplinary team (IDT): medical director, physicians, nurses, and pharmacist with a focus on site of service, data sharing and action planning.

Verna Sellers, MD, MPH, CMD; Laura Trice, MD, CMD; Christopher Crnich, MD, PhD

FR11 A Successful Comprehensive Nursing Home Opioid Reduction Strategy

In early 2016, the Centers for Medicare & Medicaid Services published a strongly worded report on the problems related to excessive opioid prescribing to try to manage chronic pain. This has led to pressure to reduce the prescribing of opioids, especially for chronic non-cancer pain. However, facilities and practitioners are simultaneously under pressure to manage pain aggressively and effectively. This session will discuss in detail a safe and effective way to minimize the use of opioids while still managing pain, and to use opioids safely and effectively where they are indicated. This includes reducing and ultimately stopping them in individuals who have acute and chronic pain. The session will also emphasize a successful step-by-step approach to managing pain in general and the impact of using fewer opioids on diverse clinical outcomes such as pain measures, falls, and behavior issues. It will discuss how it is possible to improve pain quality measures while still minimizing opioid use.

Jean Storm, DO; Steven Levenson, MD, CMD

FR12 Managing Older Adults Post 90 Days Discharge: The Value of Community Based Organizations

This symposium will present how post-acute providers can impact the health outcomes of their patients beyond the 30 to 90 days post discharge that they are accountable for managing. The Expanded Chronic Care Model illustrates the importance of the community in improving population health outcomes, but it is unclear how this actually happens. By making these connections, post-acute care providers can further improve outcomes of the populations they are managing long after they transition patients to the community. The expert panel will discuss the challenges and gaps that occur in the care of complex and frail patients and the common occurrence of their being readmitted within several months of their discharge from the post-acute care setting. These individuals often have unmet social determinant needs and may qualify for extra community supports if they are referred to the appropriate community based organization. They also have issues with low activation as well as challenges in problem solving and behavior change. The role of Area Agencies on Aging and other organizations to meet these needs through provision of home and community based services, evidence based self-management programs, care transitions programs, and mental health interventions will be discussed. A checklist of how to proceed in identifying and managing social determinant issues in the community will be provided.

Robert Schreiber, MD, CMD; Wayne Saltsman, MD, PhD, CMD; Marisa Scala-Foley, MA; Joan Hatem-Roy, MSW, LCSW
FR13  Dementia, Diversity, and Senior Sextivities: Negotiating the Challenges of Sexual Expression in PA/LTC

Intimacy and sexuality are normal components of adult functioning and do not necessarily decline simply due to advancing age or living situation, but can be adversely impacted legally, clinically, and ethically by the presence of a dementing illness. In light of a variety of issues, the time has come to more closely address the topic of sexual expression among both heterosexual and LGBT residents, as well as the challenges faced by providers and facilities in balancing residents’ rights with residents’ safety. Accordingly, this multi-modal session is designed to provide a supportive forum for discussion, informed by legal, ethical, and clinical content, as well as actual case-based vignettes. Time permitting, a role play may also be used to assist attendees in better addressing issues of sexual expression in their PA/LTC practice.

Patricia Bach, PsyD MS, RN; Alan Horowitz, JD, RN; Denise Rettenmaier, DO

FR14  Antimicrobial Stewardship in PA/LTC Setting: The Past, The Present and The Future

Members of the Society’s Infection Advisory Committee will point out why Antimicrobial Stewardship Programs (ASPs) are needed in PA/LTC settings. This will be achieved by reviewing data elements reflecting current overuse and misuse of antibiotic in nursing homes. Upcoming skilled nursing facility regulations will be discussed to set the stage for an elevated medical directors role in assessing their facilities current antibiotic use policies and readiness to a formal ASP (Centers for Disease Control and Prevention [CDC] crosswalk). Results of the past and ongoing nursing home ASPs will be reviewed. The strengths and limitations of these programs will be discussed to help nursing home practitioners and administrators identify the best approach for their nursing home. Information regarding the current resources to help improve antibiotic prescribing patterns in the nursing home (like use of various tool kits) will be provided. Recent data from the trials for application of these tool kits will also be presented. The ultimate goal for this session will be to help the medical directors, other clinical practitioners, and nursing home administrators implement formal antimicrobial stewardship programs in the near future, based on the seven core elements described by the CDC and Prevention. After thorough review of these core elements, the simple and practical initial steps will be highlighted during the panel discussion.

Muhammad Salman Ashraf, MBBS; Dheeraj Mahajan, MD, CMD; Elizabeth Frentzel, MPH; Robin Jump, MD, PhD; Nimalie Stone, MD, MS

FR15  Conflict Management Skills in PA/LTC: How to Teach Your Team to Effectively Deal with Conflict

In a profession where emotions and grief abound, conflict management skills are essential. Interdisciplinary PA/LTC providers are frequently involved with conflict resolution (ie. navigating difficult team members, patients). However, many of us have no formal training in conflict resolution and lack the skills and experience to effectively deal with the conflict situations we encounter. Developing effective conflict resolution skill sets are an essential component of building a sustainable team in PA/LTC. It is through proper identification and understanding of conflict that allows for effective resolution. Our session offers an assessment, framework, and practice session to help prepare for difficult conflict situations. One tool we will introduce is the Thomas-Kilmann Conflict Mode Instrument (TKI) designed by Kenneth W. Thomas and Ralph H. Kilmann in 1974. The TKI is a conflict style inventory, which is a tool developed to measure an individual’s response to conflict situations. The scheme includes five interpersonal conflict-handling modes: competing, collaborating, compromising, avoiding, and accommodating. In this session, participants will first understand their intrinsic conflict management preferences. Next, the framework for five major conflict management modes will be discussed including the importance of developing skills in each area and the appropriate utilization of each framework. The session will conclude with challenging practice games and role-play utilizing the aforementioned conflict management tools.
The participants will become familiar with the different conflict modes, recognize their tendencies and emotional reactions, and practice using less comfortable and more appropriate conflict modes for different scenarios.

Yuya Hagiwara, MD; Neela Patel, MD, MPH, CMD; M. Rosina Finley, MD, BSN, CMD

FR16 Best Practices for Discussing and Billing for Advance Care Planning

Beginning January 1, 2016, the Centers for Medicare & Medicaid Services began reimbursing for time spent discussing advance care planning (ACP) with patients. The two new current procedural technology (CPT) and ACP codes (99497 and 99498) are used to report the face-to-face service between a physician or other qualified health care professional and a patient, family member or surrogate in counseling, and discussing advance directives, with or without completing relevant legal forms. This session will discuss the value of ACP, the new ACP code, when to consider using it, and how to meet the requirements of the code. Practical examples and case studies will be discussed including tips on how to discuss ACP or serious illness and medical intervention.

Charles Crecelius, MD, PhD, CMD; Karl Steinberg, MD, CMD; Robert Zorowitz, MD, MBA, CMD

FR17 Enhancing Leadership for Women in Post-Acute Care: The Art of Negotiation

Building on feedback from attendees at the Society’s 2016 Annual Conference and recent literature, this session will focus on conflict management and negotiation skills. Developing skills in negotiation is critical for women working in medicine, especially those in leadership roles in post-acute medicine. This session will offer brief didactics on conflict and negotiation. Interactive and facilitated roundtables will allow participants to develop skills in effectively preparing for and engaging in negotiation.

Suzanne Gillespie, MD, RD, CMD; Cheryl Phillips, MD, CMDR; Mary Evans, MD, CMD; Heidi White, MD, MHS, MEd, CMD; Gwendolen Buhr, MD, MEd, CMD; Amy Westcott, MD, CMD

FR18 QAPI: Data Analysis - The Use of Run Charts and Control Charts to Further Quality Improvement in the Post-Acute Setting

Many facilities have little experience in analyzing data in an ongoing time ordered fashion as evidenced by the classic and all too common last month-this month or last quarter-this quarter two-point curve analysis. As data analysis is a major function of the Quality Assurance Performance Improvement (QAPI) mandate from the Centers for Medicare & Medicaid Services in regulation, new strategies must be employed to overcome this shortcoming. This session will teach the learner the use of run charts and control charts with practical examples from real life situations to bring the learner to a higher level of understanding of process in order to be able to ask better process and outcome questions and thereby providing for improved care. Since all work is a process, the lessons learned will be applicable to all processes and work within the facility.

Leonard Gelman, MD, CMD
FR19 Recognizing and Managing Sepsis in PA/LTC

This session will address the challenge of recognizing and managing sepsis in the PA/LTC setting. With the increasing scrutiny of hospital transfers and rehospitalizations, it is important for the medical director, attending physician, and other health care providers to be familiar with the evolving criteria for sepsis as well as management options. This session will review the evolving criteria for sepsis, including the recent Sepsis-3 criteria and studies on the management of sepsis. In addition, a model for recognizing and managing sepsis in the nursing home will be presented.

Rick Chou, DO, CMD; Robert Zorowitz, MD, MBA, CMD

FR20 Changing Provider Behavior: Are We Kidding Ourselves by Trying or Can Understanding How We Make Decisions Help?

Nobel Laureate Daniel Kahneman explains that most of our decisions are made by a fast intuitive process, system 1, which uses past experience and information that is immediately available; the other process is slow and deliberate, system 2, which uses known facts and further questioning to find answers. Many of our medical decisions are made using the more comfortable system 1, even though we often have the tools of best practice and education to make more educated decisions using system 2. So why is it, as medical professionals, we do not change our behaviors even though we have all the information needed to follow clinical guidelines and best practices? How is this best accomplished? There has been substantial research on how to change physician behavior. In reviewing the literature, it is clear that both active interventions and multifaceted educational strategies can be effective in changing provider behaviors. However, the most compelling method in changing provider behavior we found was the Implementation Intention Strategy described by Daniel Ssaddawi-Konefka, MD, and Daniel Schumacher, MD. This method implements an If/Then strategy for making medical decisions and solidifies the link between a clinical situation and the response. Ideally, such systems will be integrated into provider-facing electronic decision aids as uptake of technology increases in PA/LTC.

Cari Levy, MD, PhD, CMD; Leslie Eber, MD; Steven Atkinson, PA-C, MS

FR21 In the Trenches with Emotional Intelligence: Practical Applications in PA/LTC

The use of emotional intelligence (EI) is an evolving competency for PA/LTC leaders, interdisciplinary teams, and all stakeholders, but is a concept better appreciated by experiential learning. Accordingly, the presenters will build on last year’s introductory EI session by offering a “Flip the Classroom” hands-on approach to applying emotional intelligence in PA/LTC. While a brief introductory overview and review of EI will be provided, the main emphasis of this session is learner engagement and activation by small group process, role play, and case-based learning. Participants will also have the opportunity to evaluate and better understand their own EI capacity in a safe and supportive environment.

Patricia Bach, PsyD, MS, RN; Cheryl Phillips, MD, CMDR; Daniel Bluestein, MD, CMD

FR22 Palliative Care in Nursing Homes: Expanding the Possibilities for All Residents

This session will present a panel discussion by three nursing home experts, moderated by Meg Jones-Monteiro, MPH, that demonstrates how integrating palliative care into geriatric practice transforms a nursing home culture to create a humane, secure, and meaningful environment for all residents. Susan Misiorski, a leader in the Pioneer Network and cultural change movement in nursing homes, will explain the difference between palliative care and hospice and how integrating palliative care leads to culture transformation in nursing homes; she will identify ways to access palliative care tools and resources. Tena Alonzo will describe how the innovative Comfort Matters® program in Phoenix, an education and research program based on palliative care practices, has transformed residentially-based care for people with advanced dementia. She will explain how bringing comfort to people with dementia happens through the implementation of specific care practices and through the processes used to implement these practices. Ann Wyatt, MSW from CaringKind in New York City, will introduce a program implemented in three New York City nursing homes that is modeled after
Comfort Matters®. She will describe how the New York project has improved the quality of life for residents with advanced dementia and how introducing palliative care strategies for residents with dementia in the project nursing homes has resulted in the adoption of these practices for other nursing home residents. The intended audience includes nursing home administrators, clinicians, and direct-care staff.

Meg Jones-Monteiro, MPH; Susan Misioriski, BSN; Tena Alonzo, MA; Ann Wyatt, MSW

FR23 ABPLM’s Results of National Surveys on the Job Task Analysis of Medical Directors and Attending Physicians in PA/LTC Settings

Physicians are encountering patients in PA/LTC settings (skilled nursing facilities, home health care, assisted living facilities, etc.) who are very complex and unstable upon admission and thereafter, and the roles of the attending physician and medical director have evolved over the past several decades, leading to an opportunity to better define the roles, functions, tasks, and knowledge of the attending physician and medical director in current settings. The American Board of Post-Acute and Long-Term Care Medicine (ABPLM) has recently sponsored the development of Job Task Analyses (JTA) for both the Certified Medical Director (CMD) and attending physician (AP). A JTA serves as a building block for a variety of profession development or organizational processes such as developing a test specification for an exam, a job description, or even a talent assessment program. The function of a JTA is to determine the core tasks conducted by a profession such as an AP, as well as the knowledge that is required to perform each task. These tasks and knowledge statements are turned into statements that are reviewed by the profession as a whole through the use of a national survey. This overall process allows us to determine the similarities and differences among professions by seeing which tasks or knowledge statements are required by an AP as well as which statements are rated as more important or are done more often. Through this method, we have been able to quantitatively and qualitatively differentiate the professions of a CMD and AP while beginning the exam development/revision process.

Thomas Edmondson, MD, CMD; Siddiq Kassam, MS; Steven Levenson, MD, CMD; Jeffrey Burl, MD, CMD

FR24 Hold It, Fold It, or Change the Game All Together: The MACRA Survival Playbook for Nursing Home Practices

This session is truly constructed based on learner feedback from last year. We will discuss the Medicare Access and CHIP Reauthorization Act (MACRA), related impact on private practices followed by versions from a solo practitioner, a small group practice, a large group practice, and finally from a giant publicly traded multi-specialty group.

Dheeraj Mahajan, MD, CMD; Jerome Wilborn, MD; Daniel Haimowitz, MD, CMD; Rod Baird, MS

FR25 Effective Use of Interdisciplinary Team Communications and Cross-Cultural-Ethical and Health Literacy Approaches in End-of-Life Care

This session will present effective individual and interdisciplinary team approaches to providing end-of-life care for diverse populations. The role and functions of the interdisciplinary team in facilitating effective communication, key principles and virtues, a systematic approach in caring for diverse populations, and a tool in helping communicating with patients and families with low health literacy will be presented. The S-P-I-K-E-S strategy for communicating respectfully in patient and family meetings will be presented, and case studies will be reviewed applying best practices in ethical, cultural, and health literacy appropriate care during these most vulnerable times in their lives.

M. Rosina Finley, MD, BSN, CMD; Neela Patel, MD, MPH, CMD; Chidinma Aniemeke, MD; Jeffrey Nichols, MD, CMD

6:30 PM – 8:00 PM
State Chapter Business Meetings
SATURDAY
MARCH 18

6:00 AM-7:45 AM
SA1 Meet the Expert Breakfast Session: End-Stage Renal Disease in the Elderly: Dialysis or Conservative Management?
CLINICAL MEDICINE Fahad Saeed, MD

This session will describe and illustrate the clinical features of patients who benefit from a palliative approach of treating chronic kidney disease. Fahad Saeed, MD, will also discuss how to manage these patients in clinical settings.

Fahad Saeed, MD, is an Assistant Professor of Medicine in the Divisions of Nephrology and Palliative Care at the University of Rochester Medical Center (URMC), Rochester, NY. His areas of interest are geriatric chronic kidney disease (CKD), dialysis-related decision making and conservative care of older CKD patients. He is fellowship trained in both nephrology and palliative care and a Fellow of the American Society of Nephrology (FASN). He has been the recipient of a national award from the American Academy of Hospice and Palliative Medicine for excellence in research work. He runs the geriatric CKD clinic at the URMC. He has been the principal investigator in many research studies and has presented his work in national conferences and published extensively in peer reviewed journals.

There is an additional fee of $65 to participate in this session and pre-registration is required. Breakfast will be provided and will be served from 6:00 AM - 6:30 AM. The presentation will start promptly at 6:30 AM. To ensure an optimal learning experience, space is limited so be sure to sign up as soon as possible by checking the session on the conference registration form. ($75 for onsite registration)
11:00 AM-12:30 PM
CONCURRENT SESSIONS

SA3 Reports from the Front: Updates from Ongoing Antimicrobial Stewardship Projects
RESEARCH ADVANCED

This session will present updates from federally funded antimicrobial stewardship projects currently underway in LTC settings. The session will provide participants with recommendations pertinent to the performance of sound antimicrobial stewardship through use of both short didactic presentations and interactive panel discussions.

David Nace, MD, MPH, CMD; Christopher Crnich, MD, PhD; Christine Kistler, MD, MASc

SA4 Billing and Coding in PA/LTC: Something Old, Something New
MEDICAL DIRECTION

This session will provide updates to billing codes that have recently been approved by the Centers for Medicare & Medicaid Services. Participants will learn the requirement changes for these codes, including changes for submitting claims. The session will also review and explore the finer points of some classical billing and coding enigmas that continue to be challenging for many PA/LTC practitioners.

Alva Baker, III, MD, HMDC, CMDR

SA5 This Year in Review for LTC
CLINICAL MEDICINE

In this session, speakers will present eight articles published in the past year which have the potential to impact the practice of medicine and the processes of care for frail elders in the continuum of care. All articles are chosen through a Modified-Delphi approach and critically appraised by experienced, multidisciplinary practitioners and educators. This popular session has been well-received each year and is often the site of spirited discussion.

Milton Little, DO, CMD; Julie Gammack, MD, CMD; Angela Sanford, MD; Patricia Abele, NP

SA6 Is Your Nursing Home Going to Pot? Hashing Out the Evidence Base and the Legal Barriers Surrounding the Use of Medical Marijuana in PA/LTC
MEDICAL DIRECTION

This session will include a presentation of the results of a recent survey regarding use of medical marijuana in nursing homes followed by a systematic review of the literature regarding use of marijuana to treat medical conditions and an overview of the legal challenges facing facilities who grapple with simultaneously respecting patient rights, state and federal law.

Patricia Bach, PsyD, MS, RN; Alan Horowitz, JD, RN; Cari Levy, MD, PhD, CMD

SA7 Antipsychotic Stewardship in PA/LTC: The Quest for the Core Elements
CLINICAL MEDICINE

The session will present elements of an antipsychotic stewardship program in the PA/LTC setting.

Ravindra Amin, MD; Dheeraj Mahajan, MD, CMD; Deepa Vinoo, RN, MSN

SA8 Just What the Doctor Deprescribed!
CLINICAL MEDICINE

By examining the evidence basis for deprescription of various classes of drugs and introducing the audience to an approach to systematically evaluate a medication regimen, this session will offer the PA/LTC health care provider evidence-based but practical suggestions to reduce the medication burden appropriately and deprescribe unnecessary and potentially harmful drugs. Cases will be presented to illustrate the process of deprescription and allow for interaction with the audience.

Barbara Messinger-Rapport, MD, HMDC, CMD; Robert Zorowitz, MD, MBA, CMD
SA9  QI Awards and Expert Panel Discussion

RESEARCH CMD ITT P

This session will focus on the collaborative and interdisciplinary nature of improving the quality of care and life for PA/LTC residents. It will feature presentations by the Foundation’s 2016 Foundation Quality Improvement (QI) Award winner on Urinary Tract Infections in LTC Residents: Improving Quality Measures, as well as presentations from the winners of the 2017 QI & Health Outcome Award. These awards are centered on programs that facilities have successfully implemented to improve the quality of life for their residents. These presentations will form the basis for discussion by Robert Kaplan, MD, CMD, and Thomas Caprio, MD, CMD. Their discussion will serve to highlight the relationship between individual QI initiatives and larger research projects and trends that strengthen the quality of life across the PA/LTC continuum.

Robert Kaplan, MD, CMD; Thomas Caprio, MD, MPH, CMD; Jeremiah Lopez, MD

SA10  Updates to the 5 Star SNF Quality Rating System

MEDICAL DIRECTION CMD ITT

This session will draw on Centers for Medicare & Medicaid Services (CMS) technical users guides to the 5 Star Quality rating system and its recent updates. The presentation will distill the current knowledge of the factors that are part of the overall scoring and important details of the quality subsections. Particular emphasis will be placed on the extent to which the CMS quality measures are actionable and can influence strategic and quality goals of the skilled nursing facility (SNF) community.

Sabine von Preyss-Friedman, MD, CMD; Ashkan Jahaveri, MD, CMD; Irene Hamrick, MD

12:30 PM – 2:30 PM

Lunch on Own, Convention Center Food Court will be Open

1:00 PM-2:00 PM

ITT  In-the-Trenches: Peer Group Roundtable Discussion

ITT P

A variety of hot topics in PA/LTC practice settings will be selected for small group discussions and will be facilitated by conference speakers. A complete list of topics will be provided online and onsite at the meeting. There is no advance sign-up to participate in the roundtable discussions. It is first come, first served. Lunch will be available for purchase. This session does not offer CME.

2:30 PM-3:30 PM

CONCURRENT SESSIONS

SA11  Palliative Care in LTC Settings: Approaches That Work – and Why!

CLINICAL MEDICINE CMD ITT

In this session, representatives of three geographically diverse palliative care programs will provide a panel discussion on the benefits of integrating palliative care into geriatric practice in LTC facilities. Kathleen Unroe, MD, MHA, will describe the OPTIMISTIC Project, an innovative initiative developed by researchers and clinicians from Indiana University. Howard Guzik, MD, will explain how the physician-driven palliative care program he directs for patients in a sub-acute rehabilitation center and LTC facilities housed within a large health care network in the metropolitan New York area has transformed care for residents of these facilities. Rikki Hooper, MBA, MSN, FNP will then introduce the palliative care program she manages in multiple skilled nursing facility sites across several counties in rural North Carolina. The three presenters will discuss the “nuts and bolts” of implementing palliative care services in LTC settings and will share with participants their approaches to staffing, training, care coordination, and reimbursement, along with challenges and opportunities. This session will provide an opportunity for attendees to compare programs, explore with presenters the details of their designs, and identify elements applicable to their own programs.

Kathleen Unroe, MD, MHA; Howard Guzik, MD; Rikki Hooper, MBA, MSN, FNP
Leadership and oversight of a nursing facility presents challenges to both the administrator and the medical director. The quality of the relationship between the administrator and the medical director can directly affect the function of the interdisciplinary team (IDT) and quality of care. In this panel discussion moderated by an administrator and a Certified Medical Director (CMD), the audience will learn from experienced IDT members’ experiences in nursing, social services, and physical therapy as they adapt to both productive and dysfunctional administrator-medical director relationships. As a CMD, Dr. Edmondson will co-moderate a panel discussion with Mr. Allen, a Licensed Nursing Home Administrator, on the quality of the relationship between the administrator and the medical director, and its direct impact on the function of the IDT and quality of care. During the panel discussion, case presentations will frame the discussion by experienced IDT members’ experiences in nursing, social services and physical therapy as they adapt to both productive and dysfunctional administrator-medical director relationships. As a CMD, Dr. Edmondson will co-moderate a panel discussion with Mr. Allen, a Licensed Nursing Home Administrator, on the quality of the relationship between the administrator and the medical director, and its direct impact on the function of the IDT and quality of care. During the panel discussion, case presentations will frame the discussion by experienced IDT members’ experiences in nursing, social services, and physical therapy as they adapt to both productive and dysfunctional administrator-medical director relationships.

**Thomas Edmondson, MD, CMD; Justin Allen, MBA, LNHA**

**SA14 Intestinal Motility Issues in PA/LTC Patients**

**CLINICAL MEDICINE**

This session will discuss the pathophysiology, symptoms, workup, and treatment of the major gastrointestinal (GI) motility disorders. This includes esophageal food bolus, ileus, small bowel obstruction and volvulus. We will also discuss the difference between these more serious forms of GI motility disorders and simple constipation. Much of the talk will be aimed at treating the patient in place at the nursing facility until transfer to the hospital becomes necessary. In the case of volvulus, transfer may be needed immediately upon diagnosis. Of course all treatment plans will be done in accordance with the advance care plan.

*Gregory James, DO, MPH, CMD; Laurie Sheffield, APN-C*

**SA15 Non-Pharmacological Approaches to Depression Management: An Appraisal of High-Quality Scientific Evidence**

**RESEARCH**

Too many of our elderly are resistant to medication management of depression for various reasons including the risk of potential side effects, stigmas, and cost. Despite evidence supporting non-pharmacological techniques, these approaches are significantly underutilized in LTC facilities. The goal of this presentation is to improve the health of our elderly by decreasing depression. In this interactive oral presentation, participants will be able to: explain at least two evidenced-based non-pharmacological interventions which can improve depression in the elderly, use at least two non-pharmacological clinical approaches to manage depression, and advocate for the inclusion of non-pharmacological techniques in a multidisciplinary setting. Of these techniques music therapy, in particular, will be highlighted. Participants will be given a handout summarizing the literature review as well describing the implementation of two specific non-pharmacological techniques of managing depression.

*Zeeshan Khan, MD; Joshua Raymond, MD, MPH, CMD*
SA16 Update on Recent Advances in Parkinson’s
CLINICAL MEDICINE

This session will highlight some of the many recent advances in a discussion of best practices for the treatment of Parkinson’s disease and related disorders. Parkinson’s disease is extremely prevalent in skilled nursing environments and will increase in prevalence as the adult population ages. Treatment approaches continue to focus on dopaminergic medications along with related therapies. However, there have been notable advances in improving bioavailability of currently available medications including recently Federal Drug Administration approved formulations of carbidopa/levodopa in addition to other controlled-release formulations of previously available medications including apomorphine, amantadine and rasagiline. There is also an increased recognition of the role of nonmotor symptoms in quality of life for individuals living with Parkinson’s. Nonmotor symptoms do not typically respond well to dopaminergic medications but there have been a number of breakthroughs including a medication specifically for Parkinson’s disease psychosis (working on the serotonin system instead of the dopaminergic suppression of first-generation antipsychotics). There is also a new medication approach for neurogenic orthostatic hypotension as well as treatments for other nonmotor symptoms including drooling and urinary incontinence. Until recently, pain has been a largely under recognized symptom among the sequela of maladies associated with Parkinson’s. Some types of pain may be resolved with dopaminergic medications while other neurogenic-related issues may require more intensive approaches, including rehabilitation. It can sometimes be difficult to identify pain related to Parkinson’s versus pain due to comorbidities such as frozen shoulder or other orthopedic issues. The presenters will delineate different treatment options for addressing different types of pain seen among individuals with Parkinson’s. This session will discuss many of these recent additions to the clinical armamentarium, closing with a review of the potential efficacy of incorporating interdisciplinary teams into the treatment of for nonmotor symptoms and other issues associated with Parkinson’s.

Nora Reznickova, MD; John Dean, MA, CCC-SLP

SA17 Grievances? Complaints? Not in MY Facility!
PROFESSIONAL DEVELOPMENT

Do you dread complaints? If so, you’re not alone. Skills like validation and critical thinking help staff successfully accept and resolve even the most challenging of issues. This presentation will help staff evaluate their approach to handling complaints, and empower them to take charge of this sometimes tricky aspect of providing care in the PA/LTC setting, and document defensible entries in the medical record.

Paige Hector, LMSW

SA18 Update on CMS Regulatory Changes: Implications and Challenges
PROFESSIONAL DEVELOPMENT
HEALTH POLICY AND PRACTICE ADVANCEMENT

This session will provide attendees with the latest developments concerning the sweeping regulatory changes to LTC requirements of participation that Centers for Medicare & Medicaid Services (CMS) first proposed in July 2015. CMS last revised the regulations in 1991, and the changes will have a significant impact on day to day operations. The session will explore the regulations in detail, with an emphasis on steps that can be taken to improve quality of care and survey outcomes. We will also discuss the requirements of participation in the context of the increasingly strict regulatory enforcement environment in which we practice and identify strategies for enhanced collaboration among interdisciplinary team members as a key component of increasing compliance.

Paula Sanders, JD; Betty Lim, MD

3:30 PM – 4:00 PM
Refreshment Break
Rehabilitation, including physical and occupational therapy and restorative nursing, is an interdisciplinary component of PA/LTC. While rehabilitation can improve mobility and prevent functional decline, sub-optimal implementation and evaluation of best practice interventions to promote physical activity and prevent falls and fractures has been reported PA/LTC, especially for residents with cognitive impairment who are at greater risk of functional decline. Further, the use of quality indicators to evaluate rehabilitation has not been adequately explored though they can be used for many purposes including to guide clinical decision making, evaluate treatment effectiveness, benchmark reporting to stakeholders, and implement guideline recommendations. Recommendations to prevent falls and fractures, and definitions of effective rehabilitation practices to engage residents in physical activity need to be examined in order to optimize functional ability and quality of life. Additionally, an understanding of the outcomes that have been used in PA/LTC and how they can be used to evaluate rehabilitation practices is necessary to guide future evaluation methods. This session will be divided into four lectures. The first lecture will present the results of a person-centered approach to physical activity to maintain functional mobility, activities of daily living, and quality of life for newly admitted residents with dementia. The second lecture will discuss the delivery and documentation of stakeholder driven best practices for fall prevention in post-acute care. The third lecture will use a case-based approach to discuss and apply recommendations for fracture prevention and a new fracture risk assessment tool. The final lecture will examine the use of quality indicators for evaluating rehabilitation in LTC.

Caitlin McArthur, PT, PhD Candidate; Charlene Chu, RN, GNC(c), PhD Candidate; Natalie Leland, PhD, OTR/L; Alexandra Papaioannou, MD, PhD

At least 16% of patients admitted to skilled nursing facilities (SNFs) have delirium. These patients have worse outcomes, including poor functional recovery and increased hospital readmissions. Dementia is the most common risk factor for delirium, so it is very common in LTC settings. Delirium is often the first sign of an acute illness. Without formal screening, the diagnosis of delirium (especially hypoactive delirium) is missed. This session will describe how to diagnosis delirium, differentiate it from dementia and review the multifactorial causes of delirium. We will explain how you can design and implement an interdisciplinary program in your facility to prevent and manage delirium.

Elizabeth Baum, MD, CMD; Abbey Baum-Beigie, ANP-BC

This session will review the increasing prevalence of obesity in skilled nursing facilities (SNFs), discuss common comorbid medical conditions and the impact on caregivers and facilities, and describe best practices for caring for this challenging population.

Kevin Henning, MD, CMD; Mary Shelkey, PhD, GNP-BC

Visit www.PALTC.org/phoenix-2017 for the latest updates to the education program
SA22 Food for Thought: Nutrition and Weight Loss in Persons with Dementia - Strategies in PA/LTC

This session will discuss the pathophysiological and behavioral changes affecting adequate nutritional status and weight in persons with dementia. The talk will cover evidence-based recommendations for recognition, assessment, and management of nutritional problems and weight loss associated with dementia in the PA/LTC environment. Non-pharmacologic strategies for optimization will be presented, and recommendations for appropriate use of pharmacologic agents will be discussed. Patient-centered management of nutrition near the end-of-life will be reviewed. Interactive case-based scenarios will be utilized during the presentation.

Suzanne Cryst, RD, CSG, LD; Elizabeth Hames, DO, CMD; Kenya Rivas, MD, CMD

SA23 Communication in Serious Illness: Learn how to Effectively Deliver Difficult News

This session will describe the use of the Serious Illness Communication Guide - a structured tool to facilitate efficient and effective advance care planning (ACP) for patients with serious or life-limiting illness. Evidence to support its use as a means to decrease clinician and patient anxiety and discomfort with ACP or end-of-life discussions will be presented. Participants will then be given the opportunity to conduct role play ACP discussions that are observed and mentored by faculty experienced in the use of this tool.

Paul Stander, MD, MBA, HMDC

SA24 Deprescribing: Medication Management in the Post-Acute Setting

This case-based session will review the common problem of polypharmacy and the special challenges of managing medically complex patients with complex medication lists, including numerous potentially inappropriate medications, in the post-acute setting. Difficult decisions regarding deprescribing - stopping medications that are no longer needed or harmful - are best made utilizing the interdisciplinary team in place in this setting including the consultant pharmacist. We will discuss a rational approach to deprescribing.

Ariel Cole, MD, CMD; John Fleming, MD, CMD; Wendy Ethridge, PharmD, CPh; Alan Obringer, RPh, CPh, CGP

SA25 Clinical Approach to Elder Abuse: The Guide for Providers

This session will use an interactive workshop format to teach definitions, types, risk factors, and the general reporting process of elder mistreatment and neglect. Two audio documentaries featuring victims’ true stories and other real cases from St Elizabeth’s Shelter Home will be used to stimulate discussion. We will distribute a screening test and a management algorithm and practice in small groups utilizing the tools to screen and manage real cases of elder abuse. We will then discuss shelter homes within nursing homes that offer emergency short-term housing and health care services to victims of elder abuse. Participants will acquire knowledge and skills that will enable them to gain mastery of the subject matter, allowing for increased recognition, diagnosis, and appropriate reporting of suspected cases. Participants will leave with resources to enable them to be more competent at screening, diagnosis, and reporting of elder abuse in the PA/LTC setting and with innovative ideas to assist elder abuse victims.

Lidia Vognar, MD; Gwendolen Buhr, MD, MEd, CMD; Sylvester Sarfraz, MD
SA26 An International Perspective of Telemedicine in Nursing Homes: What’s the Evidence and How Can I Do It?

MODELS OF CARE  CMD  IDT

This session will provide nursing home clinicians with an overview of current telemedicine programs from around the world, the variety of ways in which these programs can benefit residents and staff, and the knowledge required to overcome the most significant barriers to using telemedicine in the nursing home.

Steven Handler, MD, PhD, CMD; Andrea Moser, MD, MS, CMD; Murthy Gokula, MD, CMD; Jose Yanez, MD

4:00 PM – 6:00 PM

The Society House of Delegates Meeting

The House of Delegates meeting provides the forum to debate, develop, and pass policy recommendations and resolutions for the association. This is also when the elections are held for the Society’s National Board of Directors.

Only registered delegates from each state chapter can actively participate in the meeting. All other attendees may attend the meeting as observers. To check if you are a registered delegate, please contact your state chapter president or contact the Society at statechapters@paltc.org.

7:30 PM – 9:00 PM

President’s Reception

SUNDAY   MARCH 19

6:30 AM-8:00 AM

SU1 Red Eye Rounds: Medical Direction Challenges

MEDICAL DIRECTION  CMD  P

This breakfast panel is an opportunity for attendees to engage leaders in medical direction in a dialogue on best practices. The focus of this panel is on the management aspect of medical direction.

Dallas Nelson, MD, CMD (Moderator); Jeffrey Burl, MD, CMD; Rebecca Ferrini, MD, MPH, CMD; Robert Kaplan, MD, CMD; Meenakshi Patel, MD, MMM, CMD

SU2 Red Eye Rounds: Clinical Quandaries

CLINICAL MEDICINE  P

This breakfast panel is an opportunity for attendees to engage leaders in medical direction in a dialogue on best practices. The focus of this panel is on geriatric clinical care and management from a clinical perspective.

J. Kenneth Brubaker, MD, CMD (Moderator); Jodi Dobslaw, NP; Timothy Gieseke, MD, CMD; David Nace, MD, MPH, CMD; Peter Winn, MD, CMD; Heidi White, MD, MHS, MEd, CMD

8:00 AM – 8:30 AM

Coffee Service

8:00 AM – 11:00 AM

Registration Open

8:30 AM-11:00 AM

SU3 General Session III

INTRODUCTORY  CMD  IDT

I A IDT P CMD
ANNE-MARIE FILKIN LECTURE
Contemplative Living in Busy Lives: Tools for Joy
Rabbi Chava Bahle

The pace of technology, innovation and the effects of the 24/7 new cycle touch us all deeply. In this multimedia presentation, Rabbi Chava Bahle will bring ancient wisdom, contemporary practices, animated storytelling and good humor to reminding participants of what the heart already knows: what we focus on grows, and when we move at the pace of wisdom, life and work unfold with sweetness.

Rabbi Chava Bahle is a national leader in interreligious dialogue and leadership. An ordained Maggid, Jewish inspirational preacher and story teller, she travels the country sharing wisdom with a unique blend of depth, good humor and access to a broad range of traditions. She was an organizational development for many years. She was the first rabbi in history to be called to serve a Unitarian Universalist congregation and also to be enrolled in the doctor of ministry program at Catholic Theological Union, where she now studies. Her TEDx talk on “The Common Heart: Spiritual Paradigm Shift” and her work in deep ecumenism have made her a popular speaker at national events. Her standup comedy has entertained dozens.

CLOSING KEYNOTE
How To Keep Your Memory Working Better, Longer
Marc Milstein, PhD

Can’t remember where you parked your car or the name of the person you just met? Do you find yourself at the refrigerator with the door open, but you can’t remember what you wanted to eat? Want to improve your memory and keep your memory strong? New insights into understanding memory are providing us with scientifically proven ways to strengthen, protect and maximize our memory.

Marc Milstein, PhD, specializes in connecting the latest research from multiple science disciplines and integrating this complex information into a clear, accurate picture for physicians, therapists, companies, and anyone who is looking for clear solutions to improve our health and happiness. Dr. Milstein is a scientist, researcher, and professional speaker who makes cutting-edge health and wellness research approachable, and empowers his audience to apply these vital findings to their work and daily lives. He earned both his PhD in Biological Chemistry and his Bachelor of Science in Molecular, Cellular, and Developmental Biology from UCLA.

CLOSING REMARKS
Mary Evans, MD, CMD, Annual Conference Planning Subcommittee Chair
The Society for Post-Acute and Long-Term Care Medicine has defined competencies for the practice of post-acute and long-term care (PA/LTC) medicine so that attending physicians who practice in this setting can effectively provide their patients with quality care. The Competencies Curriculum online training program was developed to support the competencies and disseminate education on cornerstones of knowledge needed to practice as an attending physician in PA/LTC. The Curriculum is divided into five domains, which can be purchased individually or as a group.

CME/CMD Credit Available Upon Completion of Each Domain!

### PRICE PER DOMAIN

<table>
<thead>
<tr>
<th></th>
<th>Member</th>
<th>Non-Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member</td>
<td>$149</td>
<td>$199</td>
</tr>
<tr>
<td>Non-Member</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Discount available for purchase of all five domains at once*

<table>
<thead>
<tr>
<th></th>
<th>Member</th>
<th>Non-Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member</td>
<td>$499</td>
<td>$599</td>
</tr>
<tr>
<td>Non-Member</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>


### 2017 Core Curriculum on Medical Direction Program

We’ve made it easier than ever for you to complete the Core Curriculum – 90% of the program is now online, taking less time away from your patients and family and reducing the financial burden. To complete the program, you must first complete the online component, then attend a live Core synthesis.

**SESSION** | **DATES**
--- | ---
Online Winter | January 3 - April 12
*Registration closes March 15*

Online Spring | May 1 - TBD
*Register by April 30 to receive a $200 discount*

Live Synthesis Summer - Louisville, KY | July 28 - 30
*Register by May 30 to receive a $100 discount*

Online Fall | Sept. 5 - TBD

Live Synthesis Fall - Philadelphia, PA | November 3 - 5

Learn more or register at [www.PALTC.org/core](http://www.PALTC.org/core)
HOTEL AND TRAVEL INFORMATION

HOTEL INFORMATION
All education sessions and exhibits will be held at the Phoenix Convention Center (PCC) - North Building, located at 100 North Third Street, Phoenix, AZ 85004. For lodging, the Society is using two hotels conveniently located within walking distance to the Convention Center. Each hotel has a limited number of rooms available, so be sure to make your reservation early to ensure your preference.

NEW THIS YEAR: Attendees MUST be registered for the conference before making hotel reservations within the Society’s group block and taking advantage of the deeply discounted group rate. Once your registration for the conference is processed, a confirmation notice will be sent to the e-mail address provided with information to make your hotel lodging reservations. You will be able to link from the confirmation notice to the hotel reservation website.

HYATT REGENCY PHOENIX
122 North Second Street
Phoenix, AZ 85004
Hotel Phone: 602-252-1234
Room Rate: $229 Single/Double Occupancy (plus state and local taxes)
Suites: One-bedroom $629, Two-bedroom $829

Reservation cut-off date for the Hyatt Regency Phoenix is Wednesday, February 8, 2017; unless the room block is sold out prior to this date.

To preview the hotel’s location and amenities, visit www.phoenixhyattregency.com.

Situated in the center of downtown Phoenix, the Hyatt Regency is across the street from the West Building of the Phoenix Convention Center.

SHERATON GRAND PHOENIX
340 North Third Street
Phoenix, AZ 85004
Hotel Phone: 602-262-2500
Room Rate: $229 Single/Double Occupancy (plus state and local taxes)
Suites: $279 and up (contact the hotel directly for additional information and exact rates)

Reservation cut-off date for the Sheraton Grand Phoenix is Wednesday, February 8, 2017; unless the room block is sold out prior to this date.

To preview the hotel’s location and amenities, visit www.sheratonphoenixdowntown.com.

Located one block from the North Building of the Phoenix Convention Center, the Sheraton Grand Phoenix is in the heart of the city center and just steps away from restaurants and shopping.

RESERVATIONS
Attendees MUST be registered for the conference before making hotel reservations within the Society’s group block and taking advantage of the group rate. Once your registration for the conference is processed, a confirmation notice will be sent to the e-mail address provided with information to make your hotel lodging reservations. You will be able to link from the confirmation notice to the hotel reservation website.

The Society has negotiated discounted room rates which will be honored until Wednesday, February 8, 2017 or until our room blocks are sold-out, whichever event occurs first. The hotel will not guarantee the discounted group rate after February 8, 2017 or after room blocks are sold out. Make your reservations now to ensure availability. Should you need any assistance with housing, please contact the Society at 800-876-2632 or meetings@paltc.org.
CHANGES AND CANCELLATIONS
Please note that changes and/or cancellations of your room reservation is your responsibility. Please review the cancellation policy with the hotel prior to making your reservation. It is your responsibility to understand the policy and that you are accountable for any fees that may be incurred.

EXHIBITOR HOUSING
Exhibitors MUST have reserved a booth space with payment before hotel reservations can be booked. Exhibitor housing and registration details will be emailed to the booth contact representative identified in the exhibit contract upon booth confirmation. Questions can be directed to Kristal Burgess at 410-992-3121 or exhibits@paltc.org.

INTERNET CONNECTIONS
WiFi is available in the public areas of the Phoenix Convention Center. WiFi is not available in the meeting rooms of the Convention Center. Please download and/or print handouts prior to arriving onsite at the Convention Center.

TRAVEL INFORMATION
AIRPORT
Seventeen carriers serve Phoenix Sky Harbor International Airport (PHX), and is less than 15 minutes from the Phoenix Convention Center. The PHX Sky Train shuttles passengers around the airport and connects to the Valley Metro Light Rail system.

LIGHT RAIL
Valley Metro Light Rail will take you from the airport to the convention center in 30 to 40 minutes. You can also take the light rail from downtown to Tempe and Mesa. One-way passes are $2, all-day passes are $4, and can be purchased at vending machines in the rail stations.

TAXIS
Taxis are readily available and easily accessible from the airport. The approximate cost is $17-$28 one way to downtown Phoenix.

SUPERSHUTTLE
To make reservations with SuperShuttle, call 602-244-9000 or visit SuperShuttle.com.

Get the most out of the Society’s 2017 Annual Conference by being prepared.

PLAN AHEAD...

- Dress in layers. You may find you are going from too much air conditioning to hot crowded rooms and hallways. Temperatures can vary from one extreme to the other.
- Wear comfortable shoes and bring at least one other pair to change into. Walking around the hotel and convention center will take its toll on your feet.
- Pack plenty of business cards to share with the people you meet and to enter drawings in the Exhibit Hall.
- Arrive early if possible and take time to orient yourself to the Phoenix Convention Center. Get to know the conference locations, seminar rooms, restrooms, local eating establishments.
- Plan your conference days ahead of time choosing the sessions you most want to participate in and utilize the Conference Scheduler on the Society’s website, www.PALTC.org/phoenix-2017.
- Pre-order conference recordings to take the 2017 Conference home with you.
- Read up on industry news and updates to understand what’s affecting those working in PA/LTC.
- One month prior to the conference, download session handouts by visiting www.prolibraries.com/amda.
- Don’t forget to visit the Exhibit Hall to participate in the Exhibit Hall Passport game. Fill your passport and enter for a chance to win a conference registration for AMDA-The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2018 plus other prizes! See page 8 for more details.
The Society is pleased to again be able to offer the Companions and Spouse Travelers (CAST) Program for those traveling to Arizona as the spouse or sponsor of a conference attendee. Enjoy this opportunity to explore the Phoenix area with great guides, and even better company, with a program designed just for you. Each year CAST members return to enjoy the camaraderie and friendship of other spouses of attendees they have met the years before. Join in the fun and sign up for CAST today!

The CAST Program is open to all family members or guests of registered conference attendees, over the age of 18. CAST registrants do not receive CEUs or access to session handouts.

NEW - CAST registration has changed from previous years to accommodate this year’s program. Fees include the following:

- Access to the CAST Lounge (located in the North Building of the Phoenix Convention Center) and all activities within:
  - The CAST Lounge is the meeting place for all tours to depart from.
  - Sign up for activities within the Lounge with other CAST members.
- Access to the Exhibit Hall for the Welcome Reception on Thursday evening and Friday afternoon for the prize raffles, including refreshment breaks within the hall.
- Access to education sessions Thursday - Sunday. Please note while CAST members may sit in on education sessions, no educational materials or CEUs will be given.
- Daily tours around the Phoenix area on Thursday, Friday and Saturday; eligibility to register for the optional premium tour to Sedona on Thursday.
- Access to the President’s Reception on Saturday evening.

Pre-registration for the CAST Program ends February 23, 2017. Those wishing to register after that date may do so on-site in Phoenix but know some of the tours may be sold out.

For questions, please contact us at registration@paltc.org.

CAST PROGRAM HIGHLIGHTS

ACTIVITIES IN THE CAST LOUNGE

The CAST Lounge is your exclusive hub for all CAST activities, as well as a lounge to mingle and relax. The Lounge features plenty of space to meet with friends, a memo board for CAST members to leave notes and updates, and morning beverage service.

CONTACTING PAST CAST MEMBERS

Many past participants of the CAST program have mentioned that they love seeing other CAST members year after year but would like to contact them in advance of the conference to see if they are also attending and to make plans on activities. If you are a past CAST member, contact the Society with your request to contact another past CAST member and we will facilitate that exchange.

PHOENIX AREA TOURS

Be whisked around town to enjoy the sights and sounds of Phoenix and the surrounding area. Each day, Thursday through Saturday, optional tours are available to all CAST registrants. The Society has partnered with Hello!Arizona and Phoenix Rising, two local tour companies, to provide high quality tours and transportation. Register early to secure your seat on the tours of your choice!

To guarantee your participation on a tour, you must pre-register. Commitments for all tours must be confirmed one month in advance of the conference. Those waiting to register late or onsite in Phoenix may find all the tours have been booked; or in the event that pre-registrations do not meet tour minimums, tours may be cancelled.

Tour participants should wear comfortable closed toe walking shoes and dress for the weather (sunscreen, hats, sunglasses, etc.). Phoenix basks in sunshine more often than any other major metropolitan area in the country. All tours will depart from the CAST Lounge, located in the Phoenix Convention Center – North Building.
CAST PROGRAM AGENDA

Thursday, March 16

7:00 AM – 9:00 AM
BEVERAGE SERVICE IN THE CAST LOUNGE
(COFFEE AND TEA ONLY)

8:00 AM – 5:00 PM
For those taking part in the education sessions, the sessions begin at 8:00 AM. Refer to page 12 for a listing of Thursday’s sessions.

PREMIUM TOUR OPTION—DAY TRIP TO SEDONA
8:00 AM - 6:15 PM
This year the Society is offering CAST registrants the option on Thursday to participate in a premium tour. This full-day tour is available to CAST registrants for an additional fee of $95.

A vista of unforgettable sights unfolds before you from the moment you enter Sedona. Often called “Red Rock Country,” Sedona is one of the most spectacular sites in Arizona. Whether you are into history and archaeology, arts and culture, power shopping, outdoor sports, or the spiritual and metaphysical, imagine doing all this in a backdrop of some of the most spectacular scenery in the world. The splendor of Sedona begins as you approach along the highway and revel in your first views of the towering red rock mountains that surround this quaint city. As you draw closer, these natural sculptures circle you, wrapping you in a crimson embrace. It is the first encounter with the red rocks of Sedona that has engaged visitors for generations.

In route to Sedona the group will make a brief stop at one of the best preserved cliff dwellings in North America; Montezuma’s Castle. This 20 room high-rise apartment, nestled into a towering limestone cliff, tells a 1,000-year old story of ingenuity and survival in an unforgiving desert landscape. Wayside exhibits along the self-guiding trail describe the cultural and natural history of the site.

This premium tour incurs an additional fee of $95 as well as a CAST registration, and is limited to 30 people. This tour, conducted by Hello! Arizona Destination Management Company, includes round-trip transportation via deluxe motor coach, commentary on ride to Sedona, admission to Montezuma’s Castle, one-hour guided tour driving through Sedona, time for lunch on own and shopping at Tlaquepaque Arts and Crafts Village, bottled water on vehicle, and gratuities.

THURSDAY’S DAILY TOUR – TROLLEY CITY TOUR
1:30 PM - 3:00 PM
Get the lay of the land when you step aboard this city trolley for a 90-minute narrated tour of downtown Phoenix. Hop aboard and see many of the sights that make downtown Phoenix great; entertainment and arts venues, historic buildings and homes, professional sports stadiums, fantastic public art, award winning restaurants, the state capitol and much more! Please indicate on your registration, in the appropriate area, if you wish to attend this tour.

This tour, conducted by Phoenix Rising Tours, is included in your CAST registration fee, and includes a 90-minute narrated tour with guide, gratuities, and is limited to 30 people.
CAST PROGRAM

SPouse/GUEST PROGRAM

Friday, March 17
8:00 AM – 10:00 AM
BEVERAGE SERVICE IN THE CAST LOUNGE
(COFFEE AND TEA ONLY)

8:00 AM – 5:00 PM
For those taking part in the education sessions, the General Session begins at 8:00 AM. Refer to page 17 for a listing of Friday’s sessions.

FRIDAY’S DAILY TOUR – DESERT GARDEN TOUR
8:30 AM - 12:30 PM
On this tour guests will follow the brick path: take the Garden’s main trail and learn the unique characteristics of desert plants from around the world. The loop trail features outstanding displays and exhibits including the Sybil B. Harrington Cactus and Succulent Galleries. This tour focuses on desert plant biology - explore the great diversity of form, texture and color found in this wondrous array of cacti and succulents from around the world, and learn how desert plants are uniquely adapted to survive and thrive in this environment! Please indicate on your registration, in the appropriate area, if you wish to attend this tour.

This tour, conducted by Hello! Arizona Destination Management Company, is included in your CAST registration fee and includes round-trip transportation via deluxe motor coach, admission and one hour guided tour, one hour for time on own to explore gardens and gift shop, bottled water on vehicle, and gratuities.

Saturday, March 18
8:00 AM – 10:00 AM
BEVERAGE SERVICE IN THE CAST LOUNGE
(COFFEE AND TEA ONLY)

8:00 AM – 5:30 PM
For those taking part in the education sessions, the General Session begins at 8:00 AM. Refer to page 25 for a listing of Saturday’s sessions.

SATURDAY’S DAILY TOUR – TALIESIN WEST
9:00 AM - 1:00 PM
Taliesin West is located in the beautiful Sonoran Desert in the foothills of the McDowell Mountains in northeast Scottsdale. Frank Lloyd Wright began building this desert masterpiece in 1937 as his personal winter home, studio, and architectural campus: the Taliesin Fellowship, beginning in 1937 and continuing to present day. The facility currently functions as the winter homes, studios, workshops and offices of the 70 architects, staff members and students associated with the Frank Lloyd Wright School of Architecture and Taliesin Associated Architects. Taliesin West is listed on the National Register of Historic Places. Please indicate on your registration, in the appropriate area, if you wish to attend this tour.

This tour, conducted by Hello! Arizona Destination Management Company, is included in your CAST registration fee and includes round-trip transportation via deluxe motor coach, admission to Taliesin West, one hour Insights Tour with guide, time in gift shop, bottled water on vehicle, and gratuities.

7:30 PM – 9:00 PM
PRESIDENT’S RECEPTION

Sunday, March 19
8:00 AM – 8:30 AM
BEVERAGE SERVICE NORTH BALLROOM FOYER
(COFFEE AND TEA ONLY)

8:30 AM – 11:00 AM
GENERAL SESSION
Join your spouse for the conference’s inspiring and uplifting presentations closing out AMDA – The Society for Post-Acute and Long-Term Care Medicine Annual Conference 2017.
CONFERENCE REGISTRATION INFORMATION

If you are not currently a member of AMDA - The Society for Post-Acute and Long-Term Care Medicine, visit www.paltc.org/membership for full details on benefits and dues before registering. As a member you can take advantage of the lower member registration rate as well as receive all the benefits of the Society membership from now through December 31, 2017.

The Society offers two registration types for the annual conference — Thursday - Sunday Registration and Friday - Sunday Registration.

THURSDAY - SUNDAY REGISTRATION is our most popular. Registration includes:
- Thursday's Intensive Education Sessions
- Education sessions on Friday, Saturday and Sunday
- Electronic access to all handouts
- Access to the Exhibit Hall and social functions including refreshment breaks
- Welcome Reception on Thursday
- President’s Reception on Saturday

FRIDAY - SUNDAY REGISTRATION includes all of the above except the Thursday Intensive Sessions. The Thursday sessions offer in-depth review of subject matter, discussions, and interaction with faculty. To attend Thursday’s sessions, you must register under the Thursday - Sunday Registration rate. Your badge will reflect your registration type.

Education sessions are on a first-come, first-seated basis and do not require pre-registration with the exception of the ticketed, Meet the Expert breakfast session on Saturday morning. This ticketed session incurs an additional fee and requires pre-registration.

BRING YOUR INTERDISCIPLINARY TEAM (IDT)
Save $50 per registration when three people of different disciplines from the same facility register together. For example, a facility’s medical director, physician assistant, and director of nursing are all attending the conference. Each person fills out a registration form and then all three forms are sent in together indicating, in the appropriate area of the registration form, that all three are from one facility. Each of the three registrants is then eligible for a $50 discount, for a total savings of $150. All three registration forms must be submitted together. Forms can be faxed or mailed to the Society office. Registration cannot be completed online if registering with the Interdisciplinary Team discount. Discounts are not valid on previously purchased registrations. If you have questions regarding the IDT discount, call 410-992-3116.

REGISTER USING ONE OF THE THREE METHODS BELOW
REGISTER ONLINE using American Express, Discover, MasterCard, or Visa and get immediate confirmation. Go to www.paltc.org/phoenix-2017 and click on the registration tab. Members must be logged in first on the website to receive the member registration rate.

FAX the registration form with credit card payment to 410-740-4572; OR

MAIL the registration form with check (payable to AMDA) to the Society Registrar, 10500 Little Patuxent Parkway, Suite 210, Columbia, MD 21044. All confirmations and conference updates will be sent via email.

Pre-registration for the conference closes February 23, 2017 at 5:00 PM ET. All those wishing to register after February 23, can do so onsite at the Phoenix Convention Center beginning Wednesday, March 15. For questions, please contact registration@paltc.org.

Any attendee of the annual conference gives the Society the absolute right and permission to publish, copyright, and use pictures which may include attendees in whole or in part, composite or retouched in character form.

Visit www.PALTC.org/phoenix-2017 to register online
## Registration Fees

<table>
<thead>
<tr>
<th></th>
<th>Early Bird</th>
<th>Regular</th>
<th>Onsite</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Registration must be received by January 10, 2017</td>
<td>Received January 11 to February 23, 2017 (5:00 PM )</td>
<td>Beginning March 15, 2017</td>
</tr>
<tr>
<td>Thursday - Sunday</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Member</td>
<td>$545</td>
<td>$595</td>
<td>$695</td>
</tr>
<tr>
<td>Non Member</td>
<td>$895</td>
<td>$945</td>
<td>$1045</td>
</tr>
<tr>
<td>Student*</td>
<td>$350*</td>
<td>$400*</td>
<td>$500*</td>
</tr>
<tr>
<td>Friday - Sunday</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Member</td>
<td>$435</td>
<td>$485</td>
<td>$585</td>
</tr>
<tr>
<td>Non Member</td>
<td>$785</td>
<td>$835</td>
<td>$935</td>
</tr>
<tr>
<td>Student*</td>
<td>$275*</td>
<td>$325*</td>
<td>$425*</td>
</tr>
</tbody>
</table>

**Additional Options:**

- Meet the Expert Breakfast Session: $65↔$65↔$75
- 2017 Recorded Conference Sessions** Pre-Order Digital or DVD-ROM format: $225**↔$250**↔$300**
- 2017 Recorded Conference Sessions** Combo-Pack - get both versions**: $275**↔$350**↔$445**

---

*To qualify for the Student registration rate, registration forms must be accompanied by letter of student verification from your educational institution. Forms and verification letter can be faxed together to 410-740-4572 or emailed to registration@paltc.org. Registration cannot be completed online if registering under the Student fee category.

**Conference recordings pre-orders discounted for conference attendees.

---

**REGISTRATION AND CANCELLATION POLICY**

All cancellations must be made in writing to the Society Registrar and can be emailed to registration@paltc.org or faxed to 410-740-4572. Cancellation notices must be received no later than March 1, 2017 for a full refund less a $100 administration fee ($75 for CAST). Cancellations received after March 1, will result in the forfeiture of all registration fees. “No Shows” also forfeit all registration fees. Forfeited registration fees cannot be applied to subsequent Society programs.

If it becomes necessary to cancel or postpone the start date of the course, the Society will not be responsible for travel or hotel costs incurred by the registrant. A full refund of registration fees will be made if the conference is not rescheduled, or if you are unable to attend the rescheduled conference.

*Substitutions will be taken at any time with notification sent to the Society Registrar at registration@paltc.org. A $25 transaction fee will be applied to all substitutions received after March 1, 2017.*
CONFERENCE REGISTRATION FORM

AMDA – The Society for Post-Acute and Long-Term Care Medicine • Annual Conference 2017 • Phoenix, AZ

Please Print Legibly – All confirmations and updates will be sent via email to the address provided below.

NAME 

SOCIETY MEMBER # 

TITLE (IE MEDICAL DIRECTOR, DON) 

BADGE NAME (NICKNAME) 

FACILITY 

ADDRESS 

CITY, STATE, ZIP 

EMAIL 

OFFICE PHONE 

Please complete the following:

Check here if this is your first time attending the Society’s annual conference. 

Check here if you use Twitter. If so, please enter your Twitter handle: @

Check here that you have read the following Photo Release: Any attendee of the annual conference gives the Society the absolute right and permission to publish copyright and use pictures which may include attendees in whole or in part, composite or retouched in character or form.

How did you learn of this conference? Please check all that apply:

Direct Mailing/Brochure E-mail Advertisement; list publication 

Social Media (Twitter, Facebook) Fax Word of Mouth Phone Message 

Please complete the back of this form. Both pages must be completed and returned to the Society office to register for this meeting.
Name: ________________________________________________

Ticketed Session:

_____ Check here if you wish to register for Saturday’s Meet the Expert breakfast session; Early-Stage Renal Disease in the Elderly: Dialysis Conservative Management? There is an additional fee to attend this optional session. Continental Breakfast is at 6:00 am; the presenter begins at 6:30 am.

The President’s Reception on Saturday evening is included in your registration fees. For planning purposes, please indicate whether you will be able to attend: _______ Yes, I will attend _______ No, I am unable to attend

Interdisciplinary Team Discount — Register three members of the interdisciplinary team from one facility and receive a discount of $50 per registration, for a total of $150 savings. Please complete a registration form for each of the three people attending. All three forms must be submitted together. Registration cannot be completed online if registering under the IDT Team Discount. Go to paltc.org/phoenix-2017 for full details regarding this discount. The following three people from the same facility are registering:

- Name __________________________ Self __________________________ Discipline __________________________
- Name __________________________ Discipline __________________________
- Name __________________________ Discipline __________________________

Registration Payment:

Registration Fee $__________
Ticketed Session Fee $__________
Conference Recorded Sessions $__________ Select: Digital format or DVD-ROM format
IDT Discount (See Above) $__________
Total Fees Enclosed $__________

Payment must accompany form. Pre-registration closes 2/23/2017, at 5:00 PM ET. Tax ID #52-1950426.

CHECK ENCLOSED (MADE PAYABLE TO AMDA) CK #__________ OR  _____ AMERICAN EXPRESS  _____ DISCOVER  _____ MASTERCARD  _____ VISA

CREDIT CARD#                                    

EXP.DATE  CREDIT CARD SECURITY CODE NUMBER (CODE IS REQUIRED FOR PROCESSING CARD)

NAME ON CARD (PLEASE PRINT)

BILLING ADDRESS

__________________________________________

Please check here to indicate you have reviewed the cancellation policy (www.paltc.org/phoenix-2017)

Your signature authorizes the Society to charge your credit card for the total amount above. If your registration fees are totaled incorrectly, the Society will make the necessary adjustments and charge your credit card accordingly.

If paying by credit card, you may fax this form to 410-740-4572. If paying by check, please mail check with registration form to Society Registrar, 10500 Little Patuxent Parkway, Suite 210, Columbia, MD 21044. Questions? Call 800-876-2632.
To register for the Companions and Spouse Travelers (CAST) Program you must be accompanying a registered attendee or speaker of this conference. CAST registrations must be received by February 23, 2017. Those wishing to register after February 23 may do so on-site at the Society’s Registration Desk but note some of the activities may not be available to onsite registrants. CAST members must be at least 18 years old to participate.

CAST Information (Please Print):

NAME

I AM THE FAMILY MEMBER/GUEST OF

E-MAIL - All communications of the Society’s CAST Program will be sent via email. Your email address will only be used to send information regarding this program.

MAILING ADDRESS

CITY, STATE, ZIP

PHONE NUMBER

Onsite Emergency Contact Information:

IN CASE OF EMERGENCY CALL

PHONE NUMBER (INCLUDING AREA CODE) RELATIONSHIP TO YOU

Special Needs: To ensure the Society’s ability to best serve you, please provide a description of your needs:

AMDA – The Society for PA/LTC Medicine 2017 CAST registration has changed from previous years. CAST registration covers all activities beginning on Thursday and ending on Sunday of the conference. Registration for the CAST Program includes:

- Exhibit Hall Reception and prize drawing
- President’s Reception
- Education sessions (no CME/CEU or educational materials)
- All daily activities in the CAST Lounge, and
- Daily tours (Tours must be selected when registering to guarantee participation)

All activities are provided for CAST members’ enjoyment; participation is optional.

<table>
<thead>
<tr>
<th>CAST Registration Fees</th>
<th>Early Bird</th>
<th>Regular</th>
<th>Late</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please circle appropriate fee</td>
<td>$185</td>
<td>$235</td>
<td>$285</td>
</tr>
</tbody>
</table>

Please complete the back of this form. Both pages must be returned to the AMDA office to register for this program.
### Please check here:
- [ ] This is my first time attending the Society’s Annual Conference.
- [ ] I have read the following Photo Release.  *Any attendee of the Annual Conference, gives the Society the absolute right and permission to publish, copyright and use pictures which may include participants in whole or in part, composite or retouched in character or form.*

Please **check all** the activities you wish to participate in. We will need this information to confirm tours and events with our tour companies. While tours are included in your fees, you must indicate the tours/events you wish to participate in. Tour details can be found at [www.paltc.org/phoenix-2017](http://www.paltc.org/phoenix-2017). Please note, tour guarantees must be confirmed one month prior to the start of the conference.

#### Thursday, March 16
- [ ] Education Sessions 8:00 AM – 5:00 PM
- [ ] **Premium Tour Option:** Day trip to Sedona 8:30 AM – 6:15 PM. This tour incurs an additional fee of $95. (Time for lunch on your own.)
- [ ] City Trolley Tour 1:30 PM – 3:00 PM
- [ ] No activities this day

#### Friday, March 17
- [ ] Education Sessions 8:00 AM – 5:00 PM
- [ ] Desert Botanical Garden 8:30 AM – 12:30 PM
- [ ] No activities this day

#### Saturday, March 18
- [ ] Education Sessions 8:00 AM – 5:30 PM
- [ ] Taliesin West 9:00 AM – 1:00 PM
- [ ] President’s Reception 7:30 PM – 9:00 PM
- [ ] No activities this day

#### Sunday, March 19
- [ ] Closing General Session 8:30 AM – 11:00 AM

---

### Pre-Registration closes February 23, 2017. Payment must accompany your form.
Checks are to be made payable to AMDA.

<table>
<thead>
<tr>
<th>Registration Fee</th>
<th>$ __________________</th>
<th>+ Premium Tour Fee</th>
<th>$ __________________</th>
</tr>
</thead>
</table>

**CHECK ENCLOSED**  CK # __________________  OR  [ ] AMERICAN EXPRESS  [ ] DISCOVER  [ ] MASTERCARD  [ ] VISA

<table>
<thead>
<tr>
<th>CREDIT CARD#</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EXP.DATE</th>
<th>CREDIT CARD SECURITY CODE NUMBER * (CODE IS REQUIRED FOR PROCESSING CARD)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NAME ON CARD (PLEASE PRINT)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BILLING ADDRESS ASSOCIATED WITH CARD</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SIGNATURE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

- [ ] I have read the cancellation policy posted online at [www.paltc.org/phoenix-2017](http://www.paltc.org/phoenix-2017). **Please Note:** "No Shows" for tours will not be eligible for refunds.

If paying by credit card please **FAX** this form to **410-740-4572**. If paying by check, please **MAIL** form with check to:
Society Registrar, 10500 Little Patuxent Parkway, Suite 210, Columbia, MD 21044

**Questions?** Call 800-876-2632
The following is a list of questions most frequently asked of Society staff members regarding the annual conference. First time attendees may find this section especially helpful.

What do my fees cover?
The **Thursday–Sunday Registration** fee includes:
- Thursday's Intensive Sessions
- Education sessions on Friday, Saturday and Sunday
- Electronic access to all the handouts via the PA/LTC Online Library
- Access to the Exhibit Hall and social functions including refreshment breaks
- Welcome Reception on Thursday
- President's Reception on Saturday

The **Friday–Sunday Registration** fee includes all of the above except the Thursday intensive sessions. The Thursday sessions offer in-depth review of subject matter, discussions and interaction with faculty. To **attend the Thursday intensive sessions**, you must register under the **Thursday–Sunday Registration fee**.

Please note, your name badge will reflect your registration type.

If you have registered under the Friday–Sunday Registration and would like to "upgrade" your registration to include Thursday's education you can do so by contacting the Registrar at 410-992-3116 or by email to registration@paltc.org. The difference in fees is an additional $110.

Where are the education sessions held?
All of the education sessions will take place in the North Building of the Phoenix Convention Center, Phoenix, AZ. The Convention Center address is 100 North Third Street, Phoenix, AZ 85004 and the Convention Center address is 100 North Third Street, Phoenix, AZ 85004 and the phone number is 800-282-4842.

How many CME credits will I earn?
- 4-Day Registration - up to 27.75 CME credits / 25.5 CMD management credits
- 3-Day Registration - up to 17.75 CME credits / 15.5 CMD management credits

To maximize credits, you will want to attend the educational sessions during all the time periods available, including the scientific poster session, Red Eye Rounds and the Meet the Expert breakfast session. To see the complete list of available credits visit www.PALTC.org/phoenix-2017.

Do I need to register for each individual education session?
Seating is on a first-come, first-served basis for all sessions except one: Saturday morning's Meet The Expert Breakfast Session which is ticketed, requires pre-registration and incurs an additional fee. If you wish to attend the Meet The Expert Breakfast Session you must indicated such on your registration form in the appropriate section.

How do I choose the sessions I want to attend?
Before arriving in Phoenix, review the session line-up on www.PALTC.org/phoenix-2017, and select the sessions that are of interest to you. All education sessions have been given a designated learning level to help you choose the sessions that best suit your needs. If you are a nurse, administrator, or pharmacist, you will want to pay particular attention to the sessions coded for the interdisciplinary team (IDT). You are also encouraged to use the Conference Scheduler on the website to help build your schedule prior to arrival.

If you did not pre-register for the ticketed session when you registered but now have decided you want to attend this session, please contact the Society Registrar at registration@paltc.org.

How do I get a copy of the session handouts?
One month prior to the start of the conference, the Society will begin posting the session handouts on the conference web site for you to download and/or print prior to the meeting.

Can spouses/guests attend the education sessions?
Registered spouses/guests (CAST members) can sit in on the education session. CME/CEU credit will not be provided. Spouses/guests wishing to earn credits must register as a full paying attendee.

Where are the exhibits?
The Society’s Exhibit Hall will be located in the Phoenix Convention Center the Exhibit Hall 6. All registered attendees and registered guests displaying a badge may enter the hall. Due to liability issues, no children under the age of 18 will be admitted.

Exhibits are open:
- Thursday from 11:30 AM - 1:45 PM,
- 2:45 PM - 3:45 PM & 4:45 PM - 7:00 PM
- Friday from 10:30 AM - 3:25 PM

Please note the Exhibit Hall hours have changed from past conferences. Do not wait until Friday afternoon to visit the Exhibit Hall!

I have mobility limitations, where can I rent an electric scooter or wheelchair to get around the Conference?
The UPS Store #5750 which is located in the Phoenix Convention Center, and is across the street from the Hyatt Regency Phoenix, has scooters and wheelchairs for rent by the day or by the week. Please call the UPS Store at 602-251-0135 to reserve at least 2 weeks prior to the Conference. The UPS Store is located at 125 North 2nd Street, Suite 110, Phoenix, AZ 85004.

How can I receive emergency messages while in attendance?
We recommend you keep your cell phone or pager handy. Society staff will make every effort to reach you. If you can not be located, a bulletin board will be posted in the Phoenix Convention Center near the the Society’s Registration Desk on which messages can be posted and retrieved.

When will my certificate of attendance arrive after the conference?
At the close of the conference on March 19, attendees will receive an email, at the email address provided at registration, with a link to the online Overall Conference Evaluation. The online evaluation will be available for completion until April 19, 2017. Attendees that have completed the online evaluation will receive their CME certificate via email by April 21.